

Havre

DAILY NEWS

Thursday, August 15, 2019

Northern Home Essentials: 57 years down with many more to come

Derek Hann
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Since it was established in 1962, Northern Home Essentials — originally Northern Electronics — has been a family-owned and operated business and the DeRosa family plans to continue the tradition for years to come.

“At this point in time, the reason that the store works the way that it does is because the three of us are involved,” Brian DeRosa said. “There’s no ifs, ands or buts about it.”

Northern Home Essentials is owned by Larry DeRosa, and his children Brian DeRosa and Kati Purkett work alongside him running the store.

“There’s no question the store wouldn’t be here if these two weren’t involved,” Larry DeRosa said.

Northern Home Essentials was started by Larry DeRosa’s parents, Frank and Eunice DeRosa, as a wholesale distributor for electronic parts operating out of their home’s garage, Purkett said. Her father was working alongside them from a young age, at times riding his bike to the post office to get parts mailed out.

The business had a number of road representatives traveling up and down the Hi-Line selling parts to electronic repair shops, she added. She said her grandfather also worked at the railroad as a clerk and on his days off would work as a road rep for their family business.

Larry DeRosa said he enjoyed working with his parents, although they didn’t always agree on some aspects of the business. He added that he remembers he didn’t like working on Friday nights because he was a trumpet player for the high school band and he wanted to go play at the games. But his father would come back from the road with orders that needed to go out and they would have to process all the orders before he could leave the house.

He liked the money, though, he said. Working the job when he was younger gave him the ability to purchase his first car his freshman year. He said one of the favorite cars he owned during high school was a 1968 GTX, adding that he remembers he use to be able to fly down the road.

He said he learned from the dedica-



Larry DeRosa, from left, Kati Purkett and Brian DeRosa pose for a photograph inside their business, Northern Home Essentials. The entire DeRosa family is still involved in the business, started by Larry DeRosa’s mother and father 57 years ago in their garage.

Havre Daily News/Ryan Berry

tion of his parents that if someone wanted the extra things in life, they need to work for it. He said the family business was his dad’s second job. His parents had things they wanted to do in their life and places they wanted to go, and having their own business was the way they could do it.

Purkett said that her father eventually became a road representative for the company and started taking control of operations for the business in the early 1970s. She added that her father saw a need for change; as the repair shops started closing down the business needed to adapt its services. He eventually convinced his parents to purchase a store location, which eventually expanded to the business it is in downtown Havre.

“The biggest thing, I guess, about Northern Home Essentials is that my dad is a visionary,” she said.

He’s always had a vision for the way things need to be in order for the store to stay in business, she said. As times change, the store constant adapts to address the needs of Havre.

She added that her father taught her and her brother how to have a good work ethic and to see what needs to be done. The customer is always first and people should never ask somebody to do something which they haven’t done or wouldn’t do themselves.

Brian DeRosa said he has learned from his father the importance for the business to remain competitive with the state of Montana.

“He has really stressed, just

because we live in Havre you shouldn’t have to pay more for something,” he said, adding that attitude carries on throughout the entire store.

In 1983 Larry DeRosa took complete ownership and incorporated the store, Purkett said. She added that shortly after he took ownership he expanded the business, adding a second store front at the Holiday Village Mall. The store space at the mall was designed by her dad and built with his own two hands, she said. She added that the store was also the first place in town people were able to buy home computers after Macintosh started selling home computers.

During that time, the business also

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Series starting to help caregivers, people with chronic conditions

Rachel Jamieson
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Montana State University’s Hill County Extension Agency is spearheading two series starting next week to help people dealing with illnesses — their own or someone they care for.

“Powerful Tools for Caregivers” will be a six-week series starting Monday running Mondays from 5:30 to 7:30 p.m. at Van Orsdel United Methodist Church.

“It is for caregivers, caregivers of any sorts, so it could mean someone taking care of someone with a mental illness or someone with autism or someone with a chronic disease,” Hill County Extension Agent/4-H Agent Jasmine Carbajal said. “It is also for people who work in a caregiving field.”

She added that people who participate will receive a book of resources that will center around six different topics of caregiving and self care. Those include communication tools, meditation, nutrition and more.

“It gives them a good holistic picture of, like, here are some things that you can do to take care of yourself to better take care of somebody else you are taking care,” Carbajal said.

Two other trained leaders will be hosting the series along with Carbajal,

“At the end of the day ... you end up having that support group of knowing that you are not alone.”

Jasmine Carbajal
Hill County Extension Agent/4-H Agent

Early Childhood Investment Team member Tina Thompson of Havre and Nurse Practitioner Arlys Williams of Chinook. All three of them were trained at the same time, Carbajal said.

“Our hope is to offer it here in Havre first to see how it goes, and then hopefully offer it in Blaine County, too, and see how it goes over there, as well,” Carbajal said.

She said it is a good class for people who need to learn a little more about self care and balancing caregiving, work and life.

“At the end of the day, you are going to be ending up meeting other caregivers, and you end up having that support group of knowing that you are not alone,” Carbajal said. “We encourage the caregivers to take that two hours for themselves, but if they can’t because the people they are taking care of need them or need to be involved, they can give me a call and we can definitely modify or adapt that into the program.”

Supplies are only available for 20 people, but more are welcome to attend.

The other series is specifically intended to help people deal with their own chronic conditions, although family and caregivers also are welcome to participate.

“Montana Living Life Well” will be a six-week series starting Tuesday running Tuesday from 1 to 3 p.m. at North Central Senior Citizens Center in Havre.

The program is a series of workshops that help people learn how to manage and improve their own health despite their chronic disease.

“This is really a one-of-a-kind type of program that we have through

Extension and the (Hill County) Health Department that we are trying to do with the Senior Center,” Carbajal said.

A chronic disease, as defined by the U.S. National Center for Health

“It is to have people there that are struggling with their chronic disease, to give them more self-management tools.”

Jasmine Carbajal
Hill County Extension Agent/4-H Agent

Statistics, is “a disease lasting three months or longer. About 40 million Americans are limited in their usual activities due to one or more chronic health conditions.”

Examples of chronic diseases include not only physical ailments such as arthritis, diabetes and chronic obstructive pulmonary disease — often called COPD — but also mental illnesses.

Carbajal said that in the six-week program, topics of discussion will include how to talk to a doctor, improve nutrition and manage pain as well as ways to better control chronic disease.

She added that resources will be provided with these topics of discussion, along with action plans to complete each task and goal.

The program used to be known as “Chronic Disease Self Management Program,” but now is called the “Montana Living Well Program.”

“Overall, it is to have people there that are struggling with their chronic disease, to give them more self-management tools, that really is just the ultimate goal,” Carbajal said.

People can register for either series by calling Carbajal at 400-2335 or via email at jasmine.carbajal@montana.edu.

Friday's weather
77°
48°
Mostly cloudy
Complete forecast / A2

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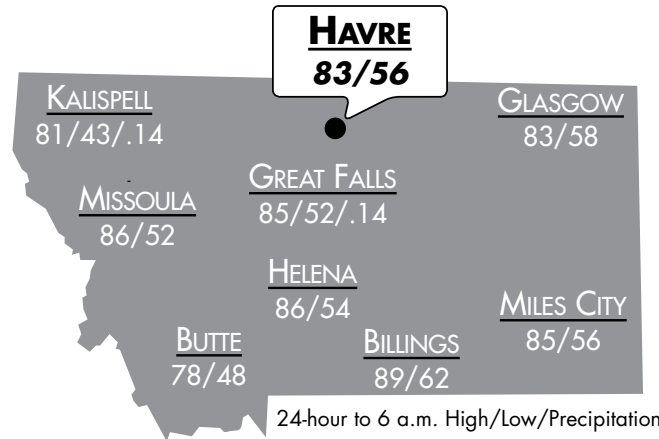
DAILY 75¢



Montana Weather through 6 a.m. today

Extended Forecast from <http://www.weather.com>

Weather Almanac for 8/14



Thur 8/15	Fri 8/16	Sat 8/17	Sun 8/18	Mon 8/19	Tue 8/20	Wed 8/21
82/57 Mostly sunny.	77/48 Mostly cloudy.	69/50 Partly cloudy.	83/53 Sunny.	85/53 Sunny.	86/58 Sunny.	90/59 Mostly sunny.

High/low: 83°/47°
Normal high/low: 85°/53°
Record high: 103° in 1971
Record low: 34° in 1895
State high: 89° in Billings
State low: 41° in St. Mary
Precip in August: .16"
Normal monthly precip: .49"
Precip for year: 7.35"
Normal yearly precip: 8.05"
Sunset tonight: 8:34 p.m.
Sunrise Friday: 6:14 a.m.

Tester fights to extend critical support for rural Montana counties

From the Office of Sen. Jon Tester

U.S. Sen. Jon Tester, D-Mont., is calling for the extension of a critical program that provides resources for essential services like law enforcement, emergency response, roads, and education in

rural counties across Montana. Tester is sponsoring a bipartisan bill to extend the Secure Rural Schools and Community Self-Determination Act for the next two years. Last year, after Tester successfully revived SRS, the funding provided more than

\$16 million for critical services in counties across Montana. "Montanans in rural counties know all too well the consequences for essential services if we let SRS funding expire," Tester said. "I'm not going to let that happen again — and I'll be

fighting to ensure we've got the tools to pave our roads, educate our kids and respond to emergencies so we can keep our communities thriving." Last year, Tester successfully spearheaded the effort to revive SRS after Congress let it expire,

and he was the only member of Montana's congressional delegation who voted for it. Congress originally passed SRS in 2000 to compensate forested counties for lost revenue due to declining timber production on federal lands, and it provides resources to more

than two dozen Montana counties to help fund schools, roads, jails and other essential services. 2018 SRS payments for Montana counties can be found online at https://www.testersenate.gov/?p=press_release&id=6134/.

Montana Afterschool Alliance releases quality guiding principles

From Montana Afterschool Alliance

Montana programs serving school-aged youth before school, after school and during the summer months have one more resource to assure youth are served in a high quality setting. Montana Afterschool Alliance has announced the release of their new publication, "Guiding Principles for Quality Out-of-School Time Programs." "The guiding principles were

developed by Montana programs for Montana programs," Montana Afterschool Alliance Director Laurie Bishop said. "Kids spend 80 percent of their time outside of school, making the opportunities they have during this time vital to their development and success. Research shows that the greatest benefit is derived specifically when youth participate in a high quality program. This is how we help all students succeed in aca-

demics and life." The guiding principles were developed with the support of a statewide workgroup comprised of experienced practitioners. Workgroup members came from communities of all sizes, as well as various settings where youth are served including libraries, YMCA's, Boys & Girls Clubs, 4-H and schools. Representatives from Montana's Department of Health and Human Services and

Office of Public Instruction also participated. MTAA received a research-based program grant from REL Northwest to support the project and programs around the state were also invited to provide feedback on a draft this past spring. The finished product was released Aug. 8 at the Afterschool & Beyond Conference held in Bozeman and are also available on the MTAA website, <http://www.mtaafterschoolalliance.org/>.

Future MTAA professional development offerings will be aligned to the guiding principles to help programs utilize them as part of a continuous improvement process. "We started with the knowledge that programs in Montana already do great work," Bishop said. "These guiding principles, and the ongoing professional development that MTAA will offer to support them, can help

programs plan and train their employees. A well-supported workforce really builds the foundation for quality." Montana Afterschool Alliance is the afterschool network that provides advocacy and support for programs serving PreK through high school-aged youth statewide. They are in the process of developing a statewide database of programs which will be available to the public later this year.

Department of Energy announces \$40 million in funding for 29 projects to advance H2@Scale

From U.S. Department of Energy

WASHINGTON — The U.S. Department of Energy announced today approximately \$40 million in Fiscal year 2019 funding for 29 projects to advance the H2@Scale concept. The focus of H2@Scale is to enable affordable and reliable large-scale hydrogen generation, transport, storage and utilization in the United States across multiple sectors. Funded through the DOE's Office of Energy Efficiency and

Renewable Energy, with contribution from DOE's Office of Nuclear Energy, the selected projects will advance hydrogen storage and infrastructure technologies and identify innovative concepts for hydrogen production and utilization including grid resiliency. "The H2@Scale concept is a critical piece of the country's comprehensive energy strategy and an enabler of multiple industries in our economy," said U.S. Secretary of Energy Rick Perry. "As an energy carrier,

hydrogen has the potential to unite our nation's domestic energy resources. These selections support DOE's mission and advance our commitment to enable economic growth and energy security through the development of more affordable hydrogen technologies." The United States produces more than 10 million metric tons of hydrogen, nearly one-seventh of the global supply, primarily for oil refining and fertilizer production. Hydrogen infrastructure includes over

1,600 miles of hydrogen pipeline, a growing network of stations and thousands of tons of storage in underground caverns. Increasing the production, transport, storage and utilization of hydrogen from the present baseline can represent an opportunity across various sectors in the economy. For example, producing hydrogen when generation exceeds load on the grid can reduce curtailment of renewables and optimize existing baseload assets, such as

nuclear. The hydrogen can be stored, distributed and/or used as a fuel for transportation, stationary power, process or building heat, and industrial and manufacturing sectors — such as steel manufacturing — creating an additional revenue stream and increased economic value. One of the challenges is to make technologies to produce, deliver, store and utilize hydrogen affordably enough to become mainstream. The selections announced today will help address this challenge.

Learn more about specific selections and how DOE's EERE Fuel Cell Technologies Office efforts are improving affordability, reliability and performance of hydrogen technologies online at <https://www.energy.gov/eere/fuelcells/downloads/fiscal-year-2019-h2scale-funding-opportunity-announcement-selections> or <http://bit.ly/31Kj4GD> and <https://www.energy.gov/eere/fuelcells/fuel-cell-technologies-office> or <http://bit.ly/2KM4HN/>.

57 years: DeRosa: 'History is yet to be written, but the store is in good hands'

■ Continued from page A1

started to have more retail space, selling stereo systems and televisions, she said. She added that she remembers her father had installed a DIN Stereo system in his personal car, a Chevrolet Monte Carlo, and parked it inside the mall in front of the store for display. She said that they had a second storefront at the mall for about six years but decided to close that location and have a centralized location for operations. She added that she started working in the downtown location when she was about 11 or 12 years old. She said she remembers cleaning the parts shelves with a bucket of water and a sponge, dusting and vacuuming. Even in the back room, where nobody could see, the parts had to be cleaned.

was also big into music and remembers during their trips his dad would always take time to look at different stereos and TVs. Purkett said the business has changed a number of times through the years, going from wholesale to electronics to furniture and appliances. In 2001, shortly after the business' name changed from Northern Electronics to Northern Home Essentials, Purkett started working full-time at the store. She was followed by her younger brother who started working at the store full-time in 2005. They have one more sibling, Darcy Hertz, who is also involved in the business as an accountant. Larry DeRosa said one reason he is still involved with the business is because they, like

any other business in town, are short-staffed and he doesn't want to burden his kids. But when the time comes, he is happy to turn it over to the next generation. He added that his children are all great workers and worthy of taking control of the business. Times may change and the store may look different, but it's still here and the DeRosa family are still here, he said. Changes are bound to happen in the future and in their business they have to adapt, he said. "You can either stay with (the old ways) and die or you can try to find new ways to try to keep going," he said. He added that in their 57 years of operating many of the other businesses he worked

with have closed up, some because they didn't want to change with the times. Purkett said change is inevitable with any business, but particularly with retail. The future always has different opportunities and it is their job to look ahead and make hard decisions, she added. "I think that you're crazy to

think that things aren't going to change," she said. Brian DeRosa said his favorite thing about working with his family is he gets to see them every day. Of course, they disagree at times, but at the end of the day, they are all on the same team. Purkett added that her children, 9 and 12 years old, have

already been in the store working and both have an interest in the business. Larry DeRosa said the future is filled with possibilities and Northern Home Essentials will continue to serve Havre to the best of its ability. "History is yet to be written, but the store is in good hands," he said.

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COMMUNITY

Community Calendar

'Schizoid Johnny' returning to Havre Saturday

Friday, Aug. 16
Summer Block Party, part of the Summer Reading Program, 10 a.m. - noon, Havre-Hill County Library. Free and open to the public.

Saturday, Aug. 17
Milk River Gobblers Youth Day, 11 a.m. - 4 p.m., Havre Trap Club. The event, which is open to all youth, will provide lunch for participants and guardians. Youth 14 and younger will be eligible to win a shotgun. For info, call Jeff, 945-1632; Terry, 262-2708; or Lance, 390-1542.
2nd annual Veterans and First Responders Family BBQ, noon - 3 p.m., Pepin Park, with games for kids, music, a barbecue lunch and more for veterans, first responders and their families.
Saturday Market, 8 a.m. - noon, Town Square.

Sunday, Aug. 18
St. Paul Lutheran Church 100th Anniversary Service, 4 p.m., 1100 11th Ave. Everyone is welcome to attend.
Havre Community Pool will close, 9 p.m., for annual fall maintenance. The pool will reopen for Fall/Winter 2019-2020 Sept. 30, 6 a.m. For info, call 265-5781.

Monday, Aug. 19
Powerful Tools for Caregivers, 5:30 - 7:30 p.m., Van Orsdel United Methodist Church. This free, six-week program provides caregivers with tools and strategies to help meet challenges. Preregister with Jasmine Carbajal at 400-2333 or jasmine.carbajal@montana.edu.
Havre Art Association meeting, 7 p.m., Havre-Hill County Library. Entry forms for the fall art show will be available. Everyone is welcome.

St. Paul Lutheran Church Vacation Bible School, 9 - 11:30 a.m., 1100 11th Ave., for all children ages 3 through 5th grade through Aug. 23. Children will participate in Bible stories, crafts, music, and games. To register, call 265-7637.

Tuesday, Aug. 20
MT Living Life Well Program, 1 - 3 p.m., North Central Senior Citizens Center, 2 2nd St. This free, six-week series of workshops will help participants with chronic disease learn to manage and improve their health.

Havre Middle School registration, 8 a.m. - 4 p.m., HMS, for all 6th-, 7th- and 8th-grade students. Must have a parent or guardian present and \$6 for a required assignment notebook and a student ID. For info call 395-8552.

Hamburger Feed fundraiser for Havre Beneath the Streets, 5:30 - 6:30 p.m., Havre Eagles Club. Proceeds will go toward the sidewalk fund.

Havre Dog Park Club monthly meeting, 6 p.m., HRDC, 2229 5th Ave.

NAMI, National Alliance on Mental Illness, family support group, 6 - 7 p.m., Suite 212, 305 Building 3rd Avenue. For info, call Crystal Laufer, 879-6646.

Kicks@6 concert, 6 p.m., Pepin Park.

Wednesday, Aug. 21
Havre Middle School registration, 8 a.m. - 4 p.m., HMS, for all 6th-, 7th- and 8th-grade students. Must have a parent or guardian present and \$6 for a required assignment notebook and student ID. For info call 395-8552.
Books and Babies, 10:15 a.m., Havre-Hill County Library. Free and public is welcome.
Story Time, 10:30 a.m. and 3:30 p.m., Havre-Hill County Library. Free and public is welcome.
Recycle Hi-Line, 7 p.m., Hill County Annex Building, 302 4th Ave., through the alley door.

Thursday, Aug. 22
Moonlight Trap Shoot, 8 p.m., Havre Trap Club, south end of 5th Avenue.
Havre Middle School registration, 8 a.m. - 4 p.m., HMS, for all 6th-, 7th- and 8th-grade students. Must have a parent or guardian present and \$6 for a required assignment notebook and student ID. For info call 395-8552.

Friday, Aug. 23
Food Handler Certification Class, 8 - 10 a.m., 1 - 3 p.m., or 5 - 7 p.m., Timmons Room of Hill County Courthouse. Preregister with Jasmine Carbajal at 400-2333 or jasmine.carbajal@montana.edu.

Summer Block Party, part of the Summer Reading Program, 10 a.m. - noon, Havre-Hill County Library. Free and open to the public.

Saturday, Aug. 24
3rd Annual Havre Trails Brewfest, 3 p.m., Pepin Park, 4th Street and 7th Avenue.
Cub Scout Day Camp, with Tigers & Lions, 9 - 11 a.m., and Wolves - Arrow of Light, 9 a.m. - 3 p.m., at Beaver Creek Park Boy Scout Camp. Come early to register. In inclement weather, the alternate site is St. Jude Parish Center. For info call Jenn, 945-2623.

Tuesday, Aug. 27
National Night Out, 6 - 8 p.m., MSU-Northern SUB, with activities for kids and adults, as well as music and a barbecue.

Hamburger Feed fundraiser for Havre Beneath the Streets, 5:30 - 6:30 p.m., Havre Eagles Club. Proceeds will go toward the sidewalk fund.

Alzheimer's Caregiver Support Group meeting, 5:30 - 7 p.m., Havre-Hill County Library. For info, call 390-1551.

NAMI, National Alliance on Mental Illness, family support group, 6 - 7 p.m., Suite 212, 305 Building 3rd Avenue. For info, call Crystal Laufer, 879-6646.

Wednesday, Aug. 28
Books and Babies, 10:15 a.m., Havre-Hill County Library. Free and public is welcome.
Story Time, 10:30 a.m. and 3:30 p.m., Havre-Hill County Library. Free and public is welcome.

Saturday, Aug. 31
Saturday Market, 8 a.m. - noon, Town Square.

Tuesday, Sept. 3
American Red Cross blood drive, 9 a.m. - 3 p.m., Triangle Communications, 2121 U.S. Hwy 2 NW. To make an appointment, go to www.redcrossblood.org or call 1-800-RED-CROSS; drop-ins will be taken when time is available.

Hi-Line Quilt Guild meeting, 7 p.m., at former Famous Footwear location, Holiday Village Mall.

NAMI, National Alliance on Mental Illness, family support group, 6 - 7 p.m., Suite 212, 305 Building 3rd Avenue. For info, call Crystal Laufer, 879-6646.

Wednesday, Sept. 4
Books and Babies, 10:15 a.m., Havre-Hill County Library. Free and public is welcome.
Story Time, 10:30 a.m. and 3:30 p.m., Havre-Hill County Library. Free and public is welcome.

Thursday, Sept. 5
Friends of the Library meeting, noon, Havre Hill County Library meeting room. Members will be planning the Used Book Sale being held during Festival Days. Anyone who would like to help is invited to attend.
Lego Time and Robotics, 3:30 - 5 p.m., Havre-Hill County Library. Free and open to the public. For info, call 265-2123.

Rachel Jamieson
rjamieson@havredailynews.com

"When I was a teenage boy, I was just enamored by rock 'n' roll and the rock 'n' roll artists of that age, and even going back to the 1950s, which was a generation before me, it was just supremely attractive," one-man-band John "Schizoid Johnny" Steinhardt said. Steinhardt, originally from Oshkosh, Wisconsin, is performing at Old Station Brewery Saturday 5 to 8 p.m., with no cover charge. He had always been musical since he was a little boy, and it has been a passion and a love with everything he does in his life, Steinhardt said.

New Wheat and Barley Committee members announced

From Montana Wheat and Barley Committee

GREAT FALLS — Gov. Steve Bullock appointed Max Cederberg of Turner and Llew Jones of Conrad to the Board of the Montana Wheat and Barley Committee.

The MWBC administers the check-off dollars paid by Montana wheat and barley producers.

Cederberg will serve as the District 2 producer-director, replacing Randy Hinebauch of Chinook, who served nine years on the wheat and barley board. Cederberg raises a variety of small grains and pulse crops on his farm and manages both conventional and organic operations. This will bring a unique and diverse perspective to the Montana Wheat and Barley Committee and be a tremendous asset in helping to develop new key markets.

MSU News Service

BOZEMAN — A Montana State University alumnus and a faculty member have won a regional Emmy award in the audio category for their work on the MontanaPBS-produced series "11th and Grant with Eric Funk."

Luke Scheeler and Jeremiah Slovarp won an Emmy in audio at the 56th annual regional Emmy awards ceremony presented by the Northwest Chapter of the National Academy of Television Arts and Sciences. Both attended the ceremony, which was held in Seattle in June.

"11th and Grant with Eric Funk" is a series on MontanaPBS that recognizes Montana musicians.

Scheeler is an MSU graduate with a bachelor's in music technology in the School of Music in the College of Arts and Architecture. Slovarp, who is an

MSU graduate, is currently a faculty member in MSU's music technology program. The two work together at Jereco Studios in Bozeman. Slovarp has worked on projects with several large media organizations including, but not limited to PBS, National Geographic, Microsoft, Disney, Nickelodeon and NBC. Scheeler has been a sound editor for numerous documentaries, such as "Life Interrupted," "Depth Perception" and "The Violin Alone."

He has been a professional musician since he was 14 years old.

He began playing in a professional rock 'n' roll band called Jotham in high school from 1971-73.

Steinhardt attended Winnecome High School in Winnecome, Wisconsin, graduating in 1973. Following high school, he attended the University of Wisconsin, where he pursued a degree in music education and music performance. After college, he started his music career across the United States, Canada, Mexico, Europe and other places.

He was a well-known figure on the music scene in Havre at one point, living here and playing at many local bars.

His present shows include all original music, no covers, featuring songs from his CDs. He said his lyrics relate to a variety of people, in genres ranging from rock to blues and folk. In his show, he sings and plays a variety of acoustic and electric guitars.

As a one-man band, he said, he has created system in which everything is backed with CD accompaniment that he records ahead of time. Everything includes drums, the bass, background vocals, an electric guitar, the keyboard and more.

"With being a one-man band, you have to (have) all this extra stuff to entertain people and audience for more than an hour," Steinhardt said.

He said his favorite instrument is the electric guitar.

He is dropping a new album called "Shadow Man," he said, that will be going to California for distribution this September.

He added that every song is actually a story — the theme of the album is about a love triangle and the blues songs question the universe and destiny.

In addition to being a traveling musician, Steinhardt is the music and band teacher at Medicine Lake School in Medicine Lake.

Anyone interested in "Schizoid Johnny" can visit his websites, <http://www.schizoidjohnny.net> or <http://www.rockandrollexperiences.net/>.

they enjoy restoring old cars and traveling.

Jones will represent District 3, replacing Chris Kolstad of Ledger, who served nine years on the wheat and barley board. Jones raises wheat, barley, cattle, sheep and hay on his farm near Conrad. He said he looks forward to working with fellow producers to help promote Montana's agriculture industry around the globe and give back to an industry that has allowed him so much opportunity.

Jones has served the state of Montana for many years as both a state senator and representative. He has been the Conrad Chamber president, a member of Farm Bureau and Grain Growers, president of the Pondera Coalition for Progress, director of the Pondera Port Authority and city alderman. Jones has been awarded the

Chamber Champion of Business Award, the Farm Bureau Golden Windmill Award and the Montana Rural Education Association Legislative Leadership Award during his time as a farmer, rancher, small business owner and legislator. He lives with his wife, Carole, in Conrad, where they have raised their four children, Edward, Daniel, Aaron and Dania, and he enjoys reading, flying and motorcycles.

The Montana Wheat and Barley Committee is a producer-funded and directed check-off organization for wheat and barley growers in the state. Its mission is to protect and foster the health and prosperity of the Montana wheat and barley industry. Visit <http://www.montanawbc.com> for more information.

MSU graduate and faculty member win regional Emmy for audio



Photo provided by Jeremiah Slovarp

Montana State University professor Jeremiah Slovarp, left, and MSU graduate Luke Scheeler pose with the Emmys they won in audio for their work on the MontanaPBS-produced series "11th and Grant with Eric Funk" at the 56th annual regional Emmy awards ceremony presented by the Northwest Chapter of the National Academy of Television Arts and Sciences.

MSU professor cited in New York Times article on African wild dogs

From MSU News Service

BOZEMAN — The New York Times recently cited the work of a Montana State University researcher in an article on African wild dogs. The article by Natalie Angier, "Wild Pups Romp Again in an African Paradise," was featured on the front page of the newspaper's Aug. 5 science section. It follows conservation efforts to restore African wild dogs in Gorongosa National Park in Mozambique, a subject professor Scott Creel in MSU's Department of Ecology in the College of Letters and Science knows well.

Two litters of pups born this year to the same pack in Gorongosa "defied the L. pictus convention that only the resident alpha female gets to breed," the article states. The litter born to a subordinate female has been allowed to live and thrive, in part because of their social nature. Creel's research corroborates the dogs' dependence on their packs.

"Dr. Creel, who has studied dog packs in Zambia and Tanzania, said, 'If you don't see an individual for an hour, you know the dog has either died or dispersed' — gone off to join a new pack," the article states.

Creel now collaborates with the Zambian Carnivore Program to research species of both predators and prey, including African wild dogs. In the last week, his team has counted 24 wild dog pups in three dens in Kafue National Park in Zambia.

The article also cites Creel's May 1997 paper published in Behavioral Ecology, "Rank and reproduction in cooperatively breeding African wild dogs:

behavioral and endocrine correlates," which found lower levels of stress hormones in the subordinate animals when compared to the dominant pair.

To read the full article online, people can visit <https://www.nytimes.com/2019/08/03/science/african-dogs-pups-gorongosa.html/>.

AANIIH NAKODA COLLEGE

FALL SEMESTER 2019-20 ACADEMIC CALENDAR

Fall 2019 Semester		
New & Returning Student Orientation	Monday-Wednesday	August 19-21
Student Advising	Wednesday-Friday	August 21-23
Fall Registration	Thursday-Friday	22-23
First Day of Class	Monday	August 26
Last Day to Register or Drop/Add Class(es) w/o "W" on Transcript	Friday	August 30
Labor Day - College Closed	Monday	September 2
Native American Day - College Closed (Last Friday of September)	Friday	September 27
Mid-term Week (8th Week of Semester)	Monday-Friday	October 14-18
Mid-term Grades Posted on Empower	Wednesday	October 23
Last Day to Withdraw with a grade of "W" (10th Week of Semester)	Friday	November 1
Veteran's Day Observance - College Closed	Monday	November 11
Thanksgiving Holiday - College Closed	Thursday-Friday	November 28-29
Pre-advising Week for Spring 2019 Semester	Monday-Friday	December 2-6
Finals Week	Monday-Friday	December 9-13
Last Day of Fall Semester	Friday	December 13
Final Grades Posted on Empower	Wednesday	December 18
Student Holiday Break - College Open	Monday-Friday	December 16-January 2
	Tuesday-Friday	December 24-27
	Monday-Wednesday	December 30-31
		January 1
These Dates are Subject to Change		

DEGREES & CERTIFICATES OFFERED:

- Associate of Arts**
American Indian Studies • Business Administration • Human Services • Liberal Arts
Business Technology • Chemical Dependency Counseling
Early Childhood Education • Education
- Associates of Science**
Allied Health • Computer Information Systems • Environmental Science • Nursing
- Associates of Applied Science** ~ Industrial Trades
- One Year Certificates** ~ Health Science • Tribal Management • Welding



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To be included in the Community Calendar people can call 265-6795, Monday - Friday, or email community@havredailynews.com.



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Letters to the Editor

Thanks for success at Biz and Brews

Dear Editor,

The Havre Area Chamber of Commerce would like to thank all those who participated in the new Biz and Brews event last weekend. The goal was to encourage shopping locally and it was a success!

Thanks to the businesses that had drink stops: Havre Elks Lodge #1201, Cavaliers, Montana Country Boutique, Norman's Ranchwear and Vizsla Brewery.

Thanks to the sponsors of the raffle prizes: Triangle Communications, Cape Air, Duchscher Kapperud Insurance, Independence Bank, Boyce and Berry

Flowers and American Solution for Business.

A huge thanks to all the merchants who arranged to have special sales that day and to all the shoppers who took advantage of them. We would like to have this event again, so look for it on the Havre Chamber website, Havre Chamber Facebook page, havreareaevents.com or in the Havre Daily News, Havre Herald, or on New Media Broadcasters. They are forever helping us get the word out and we appreciate it.

Jody Olson
Executive Director
Havre Area Chamber of Commerce

Chris Cuomo should chill out. 'Fredo' is not a racial slur

CNN anchor Chris Cuomo was caught in a video screaming expletives when someone made the mistake of calling him "Fredo," referring to the fictional character Fredo Corleone from "The Godfather films." Fredo is portrayed as the gentle, but dim-witted brother, incompetent in the family's business but desperate for respect from his father.

Until I heard Cuomo's expletive-laden attack on a fan who wanted his autograph and, perhaps good-naturedly, used the Godfather reference, I had no idea that calling an Italian man Fredo was an attack on his masculinity, his heritage, and his dignity. The CNN anchor's famous family includes his father, former New York governor Mario Cuomo and his brother, current New York governor Andrew Cuomo. Perhaps the comparison hit a little close to home?

"Are any of you Italian?" Cuomo asked the men involved in the confrontation. "It's an insult to your people. ... It's like the N-word for us."

What a joke. I know all about the things they used to call Italians. My grandfather was a trash collector for the city of Philadelphia and regularly got called goombah and any number of other pejoratives. He didn't respond, did his job quietly and exhibited the dignity that his harassers lacked. My mother would tell me about some of the things that she would hear when she ventured outside of her West Philly neighborhood, and greaser was one of the kindest.

That was the way it was, in those days. It's no use pretending that we all got along in Philadelphia, living shoulder to shoulder in this rich stew of ethnicities, religions and races. We didn't. People were mean, and we dealt with it the way we dealt with everything else: quickly with our fists, loudly with our mouths and at a distance, in our segregated neighborhoods.

Still, the Italians survived and flour-

Columnist

Christine Flowers



ished, and became the backbone of this city. And our ancestors learned to just let the slurs roll off their backs, because it didn't stop them from earning a living wage, putting their kids through school, or sitting in the pews to worship. They managed.

Today, we don't "manage." We fight back against the real racism and bigotry that exists, or at least we try, and that is a good thing. We march against white nationalism and pass laws to codify justice. We try harder. I know this because I myself have protested at the History of Italian Immigration Museum when slurs against Italians were graffitied on the sidewalk last Columbus Day.

But, as a society, we have also become far too preoccupied with the minutiae of offensive speech, gazing at our navels and wondering if this comment is an insult, or that reference is a slur. And in some cases, it is becoming laughable. Should we stop watching "The Godfather," because it portrays stereotypes of Italians? What about "The Sopranos"?

For Chris Cuomo, son of a legendary governor, brother of the heir to his father's legacy and a media star in his own right, life has been very good. He should thank the stars and his ancestors that he doesn't have to sling trash for a living like my own grandfather and that he is respected.

He shouldn't be whining like a child at being called "Fredo," simply because he's convinced himself it's an ethnic slur. It's not.

Heroism among the gunshots

I wasn't quite sure what the chaos was about as I sat at an open-air diner on the West Side of Manhattan the other night, trying to stay away from news and get a little work done. Times Square was sent into a panic when people thought a motorcycle backfiring was a gunshot. Broadway shows emptied prematurely and sirens were everywhere, but it proved to be a false alarm and everyone went on with their nights. But the confusion captured the anxiety of the times. People are overwhelmed. Which is why Kendrick Castillo should be a household name.

He was the 18-year-old who in May rushed to stop a fellow student who walked into his British literature class with a gun.

Kendrick Castillo wanted to be a Knight of Columbus. The Catholic fraternal organization describes itself as "Catholic men striving to better ourselves and our world by building a bridge back to faith, assisting the sick and disabled and protecting those who can't protect themselves — whether they are next door or around the world." At the Knights' annual convention on Aug. 6, alongside announcements about major initiatives to help refugees and Native Americans, 2,000 men declared their desire to be more like Kendrick Castillo, while also posthumously inducting him into the order.

Castillo's action gave classmates the opportunity to run or otherwise seek shelter. Though Castillo was shot and killed, his heroism allowed everyone else in that room to survive. Carl Anderson, head of the Knights, described Castillo as one of "the best men of our day."

From all accounts, this was typical of the way he lived his life. As Anderson put it, Kendrick "wanted to be a Knight of Columbus because he wanted to help not only people, but his community."

And in his last moments, Castillo did both.

"In a better world, Kendrick Castillo would still be with us," Anderson writes in the Knights' magazine, Columbia: "That Tuesday would have gone like any other, no shooting, no grief, no resulting search for answers. Sadly, that is not the world we live in. Ours is marred with sin and strife and suffering. But

Columnist

Kathryn Lopez



that doesn't mean we have no hope. Heroes give us hope."

Castillo is also a martyr to our culture of death and a patron saint for these times. He's an icon of charity and courage in the midst of suffering and fear.

At the Knights' convention in Minneapolis, Castillo's father voiced his hope that young people in particular will continue to hear about his son and that the way he lived his short life will inspire them to live virtuously, even heroically, and be drawn to faith in God. "He was the angel and the saint in my life who taught me how to live," John Castillo said.

John Castillo and those 2,000 men who posthumously made Kendrick a Knight of Columbus know that the example of lives like Kendrick Castillo's can inspire others. In the midst of all the violence and death in our culture, despite the hate-mongers and propagandists preying on fear and despair, it's possible to be a hero. And it has the potential to be contagious.

"Heroism lives in ordinary people who do extraordinary things," Anderson writes. "They practice the timeless principles of courage, truthfulness, humility and self-sacrifice. Like Kendrick Castillo, they put the interests of others ahead of themselves, even if it costs them everything." Heroes don't have to be famous; Anderson writes that they can be "often unknown or unacknowledged because they don't seek publicity. They also come from unexpected places and their heroism emerges at unforeseen times."

In the wake of the shootings, while at a premiere of a new project of hers, Oprah Winfrey suggested we need to explore a "new religion" of storytelling. The Knights have the right idea, though: celebrate saintly living. That will help us get real religion again.

Confessions of an unknown poet

Times Were Simpler

We like to imagine
Times were simpler then.
We brag to grandchildren,
Honey, when I was your age
I walked a mile
To school every day,
Barefoot, through the snow,
Uphill both ways. They laugh.
We romanticize the past,
Ignore ugly parts, piece a mosaic
Of what we wish to keep.
If only we could turn back
The clock a hundred years ...
Times were no different.
Wars, inequity, cruelty,
Hatred, disease ... The same.
We were simpler then.

Poetry? Ewww. Not that awful incomprehensible stuff we were forced to read in high school and try to niggle-pickle a meaning! Not that!

Not that, but what? My poetry is simple, accessible, gritty, honest, evocative and seldom rhymes. It is not loaded with Latin phrases nor multi-syllable obscure words. OK, so a few are incomprehensible, even to me. But not painfully so. I'll stick my neck out and (gulp) say, there is something for everyone.

All writing is autobiographical but my poems are not autobiography. A story I heard, a birdsong, a butterfly wing, a broken tree; any might trigger an impulse to versify.

I'm not a "real" writer. I don't set aside scheduled hours to write daily, so many words, so many pages a day, locked in the bathroom, fingers hammering keys on a manual typewriter while my toddlers whimper and bang on the door. Those messy years, I wrote only during naptime.

I write at my convenience. At my whim. Whims come and go, messy things they are, too.

My friend Charlotte said I wrote poetry in high school. I don't remember. But in the '70s I began writing

Looking Out My Backdoor

Sondra Ashton



again. Ah, yes, the '70s, a prolific time for poetry. I bought writer's magazines, mailed poems to "Little Lits," very small publications, mostly quarterly, which paid in pennies per word, or, most likely, a "free" copy of the publication.

This will not make a lick of sense. Of every four poems I submitted, three were printed. I was so disappointed. I figured the mags must be a scam (they were not) because poems are extremely difficult to publish (all the articles said so) and I did not have an MFA nor any credentials as a poet. So much for that.

But I continued to sporadically write. While I lived in Washington, I had the opportunity to attend weekly writing sessions with other writers, to hone my skills, to give public readings. That made me feel complete. It was enough.

In this digital age, the world of publishing has changed. But publishing still requires time, money and marketing (energy, travel, more money).

I know myself quite well. I have none of the necessities with which to publish and market my work nor the ego-need to see my name in print. Friends ask me why I don't self-publish a collection of my best. Oh, sweet friend, I'd spend maybe \$5,000 plus for a small stack of books which I would give away to a few friends while the remainder of my brilliant work would mildew in a corner of my bodega.

Others tell me, Amazon is the answer. Same difficulties. Costs a lot of money. And I'd be their best purchas-

er, buying books to give to my friends.

Nevertheless, while in Montana in June, my daughter Dee Dee helped me begin a poetry blog where you few brave souls can read my poems in secret; nobody will know. No messy books to be hidden, shoved beneath the mattress.

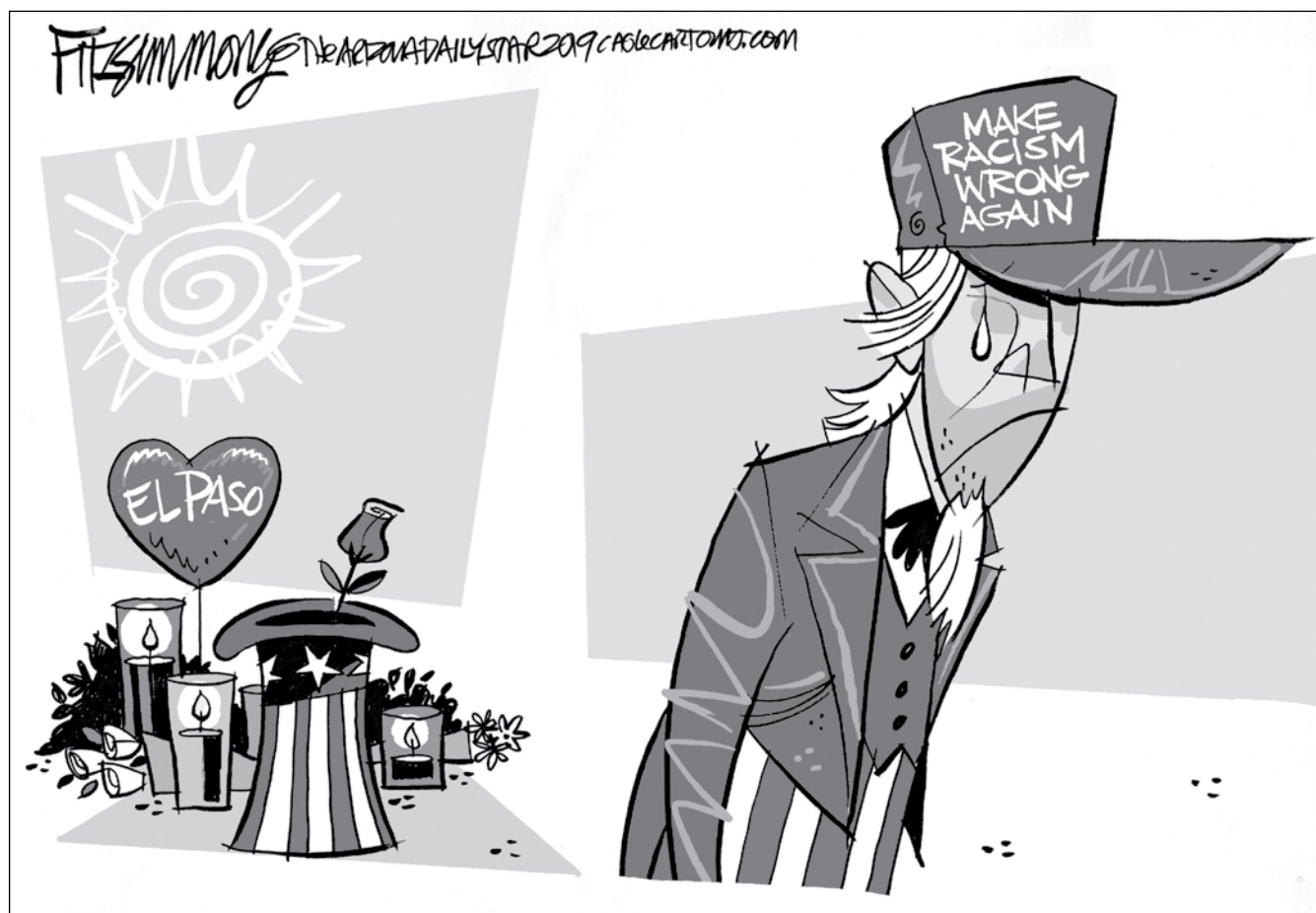
We started the blog with about 40 selections. I will add to these from time to time. I won't dump in 300 all at once. I promise. It is not an easy site to follow. Neither of us were skillful enough to make the site exactly what we had envisioned. Only the latest posts show. At the bottom of the page click on "older posts" to carry you back, again, and back, again.

So if you are a secret reader of the forbidden (What would your friends say if they knew?), in the bathroom or under the blankets with a flash light, a reader of that strange genre known as "Poetry," please take a look at <http://montanatumbleweedpoetry.blogspot.com/>. Thanks.

Skywalker

I walked the sky last night,
Tangled my feet in treetops.
A pair of doves nested in my hair.
I sneezed and built a cloud cumulus
From which soared hidden dreams.
Leaves of other times
Obscured the way ahead.
Be still, I nodded my drum.
The quiet of questions unasked,
Hot and cold, fell like fog,
Into the fiery sunrise.

Sondra Ashton grew up in Harlem but spent most of her adult life out of state. She returned to see the Hi-Line with a perspective of delight. After several years back in Harlem, Ashton is seeking new experiences in Etzatlan, Mexico. Once a Montanan, always. Read Ashton's essays and other work at montanatumbleweed.blogspot.com. Email sondrajean.ashton@yahoo.com.



Dying languages: Can they be saved?

"Took away our native tongue/And taught their English to our young..." - from "Indian Reservation," by John D. Loudermilk.

According to the United Nations, there are about 6,500 distinct languages, not just dialects, spoken throughout the world. And half of those languages are in danger of disappearing by the next century.

That's right: one language becomes extinct every two weeks! Which means somewhere, right now, someone is smacking his forehead and muttering, "I knew I should have read the shopping list a day sooner."

Sometimes languages disappear because the tribes or ethnic groups who spoke them were tiny to start with and couldn't outlast famine, flooding or a protracted war of the sexes. ("What part of 'uytrpkmjnwx' do you not understand?")

Sometimes languages disappear because the speakers did not appreciate their uniqueness until it was too late. ("How come nobody told me we are indigenous peoples? I thought we were just homefolks keepin' it real.")

Sometimes languages disappear because the natives who utter them get exasperated by well-meaning anthropologists performing the Heimlich maneuver on them.

Sometimes languages die because they lack a few crucial phrases, such as "Don't eat those berries over there!"

Let's not forget assimilation. All too often, tribes in the boonies are

Tyrades!

Danny Tyree



forced to adhere to the customs of the national government or urban trendsetters. Glad we don't have that problem here. (I was going to omit this paragraph, but the Environmental Protection Agency and Taylor Swift insisted.)

It is difficult for linguists to explain the urgency of the situation to good ol' "survival of the fittest" Joe Sixpack. Yes, every extinguished language leaves mankind immeasurably poorer; but Joe would respond, "Student loans, an underwater mortgage and that goldigger I married in Vegas left me immeasurably poorer. Waving bye-bye to a few clicks and whistles? I can do that standing on my head."

More open-minded individuals recognize the importance of societies maintaining their identity and sharing their accumulated knowledge with the world. Indeed, among the leading causes of depression are isolation, unhealthy relationships, negative self-talk and the inability to think of 50 different words for snow.

Yes, we can benefit from the fables, metaphors and idioms of other cultures. Although, we already have

enough troubling idioms, such as "shooting fish in a barrel" and "more than one way to skin a cat." Can we stand all the high jinks that ensue when we finally compile a cannibal dictionary?

I would point out that a culture that lacks a single succinct noun to describe a good-natured ceremony of drenching a newlywed couple with honey and letting a one-eyed camel drag them westward across ant hills is probably going to have fewer actual INSTANCES of, well, you know.

Happily, the language app Duolingo recently added courses on Navajo and Hawaiian. Language videos are constantly being added to the Wikitongues YouTube channel.

I just hope the volunteers working feverishly to preserve Languages That Might Be Useful Someday live long enough to see their efforts rewarded. Of course, this depends on their not getting crushed under a mountain of used pudding cups, busted analog TVs, college-days jeans and other things that Might Be Useful Someday.

And I hope our archives make a good impression when the aliens from Proxima Centauri return. ("What? They haven't progressed beyond the languages from 5,000 years ago? Ha! Give them a cure for cancer? Uytrpkmjnwx way, Jose!")

Danny Tyree. Danny welcomes email responses at tyreetyrades@aol.com and visits to his Facebook fan page "Tyree's Tyrades."

Editorial board:

Managing Editor Tim Leeds
Reporter Derek Hann

Views expressed on the Opinion Page are those of the authors and are not necessarily those of the Havre Daily News.

Letters policy:

The Havre Daily News encourages its readers to send letters to the editor. Letters must include the writer's name and contact information for verification. We ask that you limit your letter to 400 words. We will not print more than one letter per person per month. We reserve the right to edit letters for length, clarity, accuracy and taste, and to withhold letters containing misrepresentation of fact. Published letters are the opinion of the writer and are not the opinion of the Havre Daily News.

RECORD

Big Sandy one of 19 communities receiving infrastructure planning grant

From Montana Department of Commerce

HELENA — Nineteen Montana communities including Big Sandy will share more than \$275,000 in planning grants through the Montana Department of Commerce's Treasure State Endowment Program to support the development of infrastructure projects.

"Every community needs clean drinking water, safe bridges and good water treatment systems," Montana Department of Commerce Director Tara Rice said. "These TSEP grants support the planning of infrastructure projects that are vital to the

future of Montana communities."

The state-funded TSEP program supports local governments with the development of infrastructure plans. The project phase of the program assists local governments with drinking water system upgrades, wastewater treatment facilities, sanitary or storm sewer systems, solid waste disposal and separation systems, and bridges.

The following communities have received TSEP Infrastructure Planning grants:

- Big Horn County: \$12,696 to complete a Capital Improvements Plan update

- Town of Big Sandy: \$15,000 to complete a storm water system Preliminary Engineering Report

- Butte-Silver Bow County: \$15,000 to complete a water system Preliminary Engineering Report

- City of Deer Lodge: \$15,000 to complete a wastewater system Preliminary Engineering Report

- Flathead County: \$15,000 to complete a wastewater system Preliminary Engineering Report for Evergreen Water and Sewer District No. 1

- Town of Flaxville: \$15,000 to complete a water system Preliminary Engineering Report

- Town of Fromberg: \$10,000 to complete a water system Preliminary Engineering Report

- Glacier County: \$12,581 to complete a Capital Improvements Plan update

- Gore Hill County Water District — Cascade County: \$15,000 to complete a water system Preliminary Engineering Report

- Ranchview County Water District — Lewis and Clark County: \$15,000 to complete a water system Preliminary Engineering Report

- Roberts Carbon County Water and Sewer District: \$15,000 to complete a water system Preliminary

Engineering Report

- City of Scobey: \$15,000 to complete a storm water system Preliminary Engineering Report

- Seeley Lake Sewer District: \$15,000 to complete a wastewater system Preliminary Engineering Report

- Sweet Grass County: \$15,000 to complete a Capital Improvements Plan update

- City of Three Forks: \$15,000 to complete a water system Preliminary Engineering Report

- Valley County: \$15,000 to complete a Capital Improvements Plan update

- Town of Wibaux: \$15,000 to complete a water system

Preliminary Engineering Report

- Wibaux County: \$15,000 to complete a bridge system Preliminary Engineering Report

- City of Wolf Point: \$15,000 to complete a water system Preliminary Engineering Report

Eligible applicants for TSEP planning grants include incorporated cities or towns, counties, consolidated governments, tribal governments and county or multi-county water, sewer or solid waste districts.

For more information, visit http://comdev.mt.gov/Programs/TSEP/PlanningGrants/.

West Nile Virus confirmed in mosquito samples in three Montana counties

From Montana Department of Public Health and Human Services

Take steps to avoid mosquito bites, state health officials say.

State and local public health officials are reporting the season's first West Nile virus detections with three counties confirming positive mosquito samples.

Cascade, Sheridan and Yellowstone counties have all had a positive mosquito sample

for WNV. To date, no cases of WNV have been identified in a human but the detection of the importance of avoiding mosquito bites.

Most people who become infected with WNV experience no symptoms, but 1 in 5 develop a mild illness, with symptoms such as headache, body aches, joint pains, vomiting, diarrhea or a rash. Other individuals, fewer than 1 out of 150, may

become severely ill with encephalitis or meningitis — inflammation of the brain or surrounding tissues. Most people recover completely, but fatigue and weakness can last for weeks or even months.

"Late July and early August is when we typically see WNV activity pick up here in Montana," DPHHS Communicable Disease Epidemiologist Erika Baldry said. "Our season can begin as

early as July and because it can take some time to become ill, we can receive reports of ill individuals as late as October."

No treatment is available for WNV infection other than supportive care. People who develop any of these symptoms should see their health care provider.

Detection of WNV in mosquito samples is a good indication that WNV is in Montana. WNV is a vector-borne disease, mean-

ing people must be bitten by an infected mosquito to become infected.

DPHHS reminded Montanans they need to take precautions and protect against WNV by following the four D's of prevention:

1. DEET: Use insect repellent such as DEET or picaridin.
2. Drain: Drain standing water around your house to prevent mosquito breeding.
3. Dawn/Dusk: Mosquitoes

are most active during dawn and dusk. Stay inside or take precautions to prevent mosquito bites during these times.

4. Dress: When possible, wear long sleeved shirts and pants to protect yourself from bites.

For more information about WNV protection, contact your local health department or visit the state health department website at: http://dphhs.mt.gov/.

BCBSMT awards Rural Dynamics \$50,000 HKHF grant

From Blue Cross and Blue Shield of Montana

HELENA — Money talks — and so do rising health care costs.

In an effort to address the toll that financial stress takes on health care costs, Blue Cross and Blue Shield of Montana has awarded Rural Dynamics with a \$50,000 Healthy Kids, Healthy Families grant.

Rural Dynamics, a nonprofit organization based in Great Falls, is developing a program to help Montanans be more financially astute, therefore reducing the likelihood of financial stress and the health risks and costs associated with it.

"Financial stress takes a real toll on mental health and physical wellbeing and contributes to rising health care costs," BCBSMT Divisional Vice President of External Affairs John Doran said. "The Rural Dynamics proposal addresses the root cause of financial distress. Not only will this proposal relieve the mental anguish of financial problems, it has great potential to also reduce future health care costs as a result.

"Addressing mental health is not a one-size-fits-all approach and this is a new and unique way of treating one of its underlying symptoms," he added.

Sen. Tom Jacobson, D-Great Falls, is the executive director of Rural Dynamics and visited BCBSMT's Helena headquarters Tuesday, where Doran and approximately 60 BCBSMT

employees gathered to surprise him with the grant.

"When we opened the door and saw the big check, that was quite the surprise. It was a very good surprise," Jacobson said. "We've been working with Blue Cross and Blue Shield for almost a year now to try and look at ways that we can address the financial wellness of individuals so that it has an improved physical wellness on the back end."

In collaboration with BCBSMT, GreenPath Financial Wellness, Benefis Health Systems, the Center for Financial Services Innovation, the Institute for Research on Poverty and the Center for Financial Security, Rural Dynamics intends to test several tools to determine how to best serve those in need, including:

- Providing online prevention tools to educate and assist families in budgeting and planning for financial security
 - Completing an assessment of income and expenses to form the baseline for developing a budget and plan to pay for expenses not covered by insurance
 - Debt repayment plans with healthcare providers that may consist of negotiated payment or other concessions
 - Allowing for affordability within the family's budget
 - Other interventions that are identified as desirable and feasible to users and stakeholders through the design process
- "A year ago, Sen. Jacobson

asked me, 'What is Blue Cross doing to address the social determinants of health?' I had a simple, one-word answer. 'Everything,'" Doran said. "But this proposal truly is new and unique for us. To date, we have not focused on the upstream impact of finances on health care costs. This proposal shows real promise and I am excited to see where it can go from here."

The pilot project will initially focus on north-central Montana, within the service area of Benefis Health System. When appropriate, Rural Dynamics intends to expand testing efforts to include residents throughout Montana.

"We know that social determinants of health say that people in poverty and financial stress also leads to poorer health outcomes," Jacobson said. "We want to address that in a way to help people not only be physically well, but financially and mentally well as well."

HKHF is a signature program of BCBSMT and part of an ongoing commitment to invest in and partner with like-minded nonprofit organizations that offer sustainable, measurable programs to reach children and their families in the five following areas: nutrition, physical activity, disease prevention and management, substance abuse prevention, and suicide prevention. The \$50,000 HKHF grant is one of four BCBSMT awards each year.

= For the Record =

Havre Police Department

A caller at a First Street West establishment reported an abandoned bike Wednesday at 4:43 p.m.

A caller at a First Street West business reported Wednesday at 7:19 p.m. that a bike was stolen.

Melinda Rose Cochran of Havre, 38, was arrested on a charge of driving with a suspended or revoked driver's license, during a vehicle stop on Fifth Avenue Wednesday at 8:04 p.m.

an alarm on the 2000 Block of Fifth Avenue that was accidentally pulled at 12:49 p.m. Wednesday.

Havre Animal Shelter

The Havre shelter this morning held six short-hair 6-week-old kittens, three medium hair 3-week-old kittens, and one long-hair and one medium hair 21-week-old kittens, all of

unknown gender along with one long-hair female cat.

The shelter also held this morning a male shepherd dog, a female Labrador retriever dog, a male Labrador retriever dog, a male mixed-breed 11-month-old puppy and a male German shepherd dog. The shelter was also housing two female and one male mixed-breed 5-week-old puppies.

= Agendas =

Hill County Mosquito Control District Board

The Hill County Mosquito Control District Board will meet Monday at 5:15 p.m. in the Hill County Weed and Mosquito Control District Office at the Road and Weed Shop Complex, 1405 W Second St.

- The meeting agenda is:
1. Review Minutes from Previous Meetings
 2. Correspondence
 3. New Business
- a) Purchase order approval

- a) Mosquito sample testing results
 - West Nile Virus
 - c) Update to GPS system
 4. Unfinished Business
- a) Budget update
- b) Larvicide and adulticide applications
 5. Announcements — Non-action items
 - a) Next meeting Oct. 21
 6. Public comment
 7. Adjourn

= Lottery Roundup =

The winning numbers for the Wednesday, Aug. 14, drawings are:

Montana Cash: 4 15 27 34 44

Lotto America: 15 21 35 45 52 2

All Star Bonus: X2

Powerball: 10 13 30 51 69 10

Power Play X2

Estimated jackpots for next drawings:

Montana Cash: \$120,000.

Lotto America: \$2.5 million.

Powerball: \$149 million.

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SPORTS

N Skylights VOLLEYBALL



Skylights ready for new start

Jerry Wagner era of MSU-Northern volleyball begins tonight in the Armory

George Ferguson

Havre Daily News sports editor
gferguson@havredailynews.com

Jerry Wagner has had a lot of season-openers in what has been a storied volleyball coaching career. But the one he's about to go into might be a season-opener unlike any other.

That's because, tonight inside the Armory, things will come full circle for Wagner, who got his college coaching career started in that very same gym over 30 years ago.

In other words, tonight, the Jerry Wagner era of Montana State University-Northern volleyball part two begins when the Skylights host Medicine Hat College in their first official match of 2019.

"I'm on pins and needles, honestly," Wagner, who was hired back in the spring to replace Rose Obunaga said. "For myself, and for our team, you only get one chance to make a first impression. But I'm really excited."

Wagner, who has more experience at coaching a high level of volleyball than anyone in the Frontier Conference, also said that, after 12 practices and last night's Maroon/Gold Scrimmage, he's very happy with the position his team is in heading into what will be a fascinating regular season to watch. The Skylights went winless in the Frontier a year ago, and won just two sets in league play.

"Right now, I think we're ahead of where I thought we'd be," Wagner, who was the long-time head coach of the University of Montana Grizzlies, said. "Our training camp went really well. Two-a-days were great. I love our effort, and our enthusiasm. It's been nothing but positive, so I'm really happy with where we're at."

One of the biggest positives heading into Wagner's first season at the helm is, Northern is no longer a young team. The Skylights have been very youthful in recent years, but with a strong group of returners, and the addition of three veteran junior college transfers, Wagner said the experience is showing in practice in multiple ways.

"We have really good leadership on this team, especially from our setters, and that's important because it all starts with them," Wagner noted. "I think all of the girls who are back from last year's team, they've improved tremendously, and they have a lot of experience under their belts now. So, when you add in the three junior college players we recruited, who bring a veteran feel for the game, a lot of energy and prowess at the positions they play, it has really built our team into a very strong group."

Setter will be key for the Skylights, and they have three with plenty of match experience in senior Hailey Warren (5-8), junior Shania Neubauer (5-9) and sophomore Shay Waldbillig (5-7). All three saw significant time in the lineup last season, behind the graduated McKaylie Tanner with Neubauer tallying 118 assists.

"The setters are all doing a great job," Wagner said. "They're good at what they do, and that's setting the tone for our team, and our offense."

Offense is an area the Skylights will look to improve dramatically after hitting just .026



Montana State University-Northern senior Hailey Warren sets a pass during the Northern volleyball Maroon/Gold Match Wednesday night inside the Armory Gymnasium. After two weeks of practice, and Wednesday's scrimmage, the Skylights take to the court for real tonight when they face Medicine Hat College at 5. For more Maroon/Gold photos, go to www.havredailynews.com.

Havre Daily News/Colin Thompson

last season. And they have a host of hitters who will be getting in on the action.

Sophomores Emily Gutierrez (5-10) and Abigail Ellison (5-8) are Northern's returning leaders in kills, but junior transfers Rylee Burmeister (5-10) and Elissa Lind (5-10) will certainly be focal points in Northern's attack. Wagner also brought in middle hitter Tammy Maddock from the juco ranks, and she should provide a powerful offensive spark up the middle, while junior Breanna Brickey could see action both on the outside, and as a defensive specialist/libero.

"Two big areas we need to improve on is first serving, and also our offensive efficiency," Wagner said. "In terms of serving, I think we have the players to serve the ball better this year, and that will get teams off balance more often. Also, we have much more experienced ball handlers now, and that's going to allow us to run a much better offense."

"We've been working really hard to get to a higher hitting percentage this season," he continued. "So if we can do those two things, serve tough and hit with more consistency, we're going to be in a position to win a lot more sets, and matches. Those two things will put us in a much better position to be successful."

Defense will be key as well for the Skylights if they want to rise in the ranks of a loaded Frontier Conference.

Northern returns senior Katia Michelotti (6-2), who can play in the middle or on the right side, while sophomore Jada Sudbrack (6-0) will also be one to watch on the block for the Skylights. In the back row, Neubauer has been a stalwart for Northern, while Brickey will be tough in the back as well, as MSU-N looks to up its dig total from a

season ago.

But whether it's serve-receive, the offensive attack, blocking or the back row, the Skylights are looking to improve in every area, and with Wagner at the helm, and a much more veteran and experienced lineup than they've had in some time, improving is something they are already doing.

"The first goal is simply to come together, as a team," Wagner said. "And this group has done that quickly. I'm really happy with our chemistry on the court. In our scrimmages and practices, it hasn't mattered

what rotation we go with, it's all worked really well. So the girls have done a great job of bonding and coming together."

"The next goal is just to keep working hard, to just keep getting better," he continued, "and they're doing that every single day. I couldn't be happier with the effort level and enthusiasm the team has. They've bought in, they're all in, and it's exciting."

Exciting is the key word, too. Northern will have essentially four weeks to get ready for the Frontier Conference slate, with tournaments in Butte, Phoenix and Great Falls. MSU-N also has

a non-conference road match at Dickinson State to close out non-conference play, before opening its Frontier schedule at Lewis-Clark State Sept. 19 and Montana Tech Sept. 21. MSU-N plays its first home conference match Sept. 25 against Providence, and closes out the month at Carroll College Sept. 28.

October begins with a home match against Rocky Mountain College Oct. 4, then the Frontier bye week comes, followed by three more home matches: Montana Western (Oct. 19), Montana Tech (Oct. 24) and LC State (Oct. 25). The Skylights

close out October with a Halloween match at Providence, then come home to play their final home match Nov. 1 against Carroll. The regular season ends with road trips to Rocky Nov. 7 and Western Nov. 9. The Frontier tourney is set for Nov. 15-16 in Great Falls.

Before the Skylights get to any of that, Wagner reiterated that, he's just excited, and even a little nervous, to get the season going. But, mostly, he's excited to just start rebuilding Northern volleyball into a strong brand again.

"I haven't done this part in a while, I haven't been a head coach in a while, so the other day, I had to go find my lineup sheets," Wagner joked. "It's going to be exciting, though. I know the kids are really excited."

"The main thing is, I'm going to have a really good time coaching this team," he added. "I'm going to give them my all, put myself in a position to give them my best, coach them up the best way I know how. And I know this team will play hard every single night. So if we can continue to improve, and we play hard every night, we're going to put ourselves in a position to be successful. This team has already exceeded my expectations for where I thought we'd be at this point, so I really believe the sky is the limit for them. And I'm just really excited to get going. I think Northern fans are really going to like watching this team play this season."

Northern gets going tonight when the Skylights host Medicine Hat College at 5 inside the Armory Gymnasium. MSU-N will also hold its Alumni Match at 2 p.m. Saturday, before heading out on the road for the Big Sky Challenge Aug. 23-24 in Butte.



Montana State University-Northern head coach Jerry Wagner watches during Wednesday night's Maroon/Gold Match in the Armory Gymnasium. Wagner got his college coaching start at Northern, and now he returns to help revive the Skylight program.

Havre Daily News/Colin Thompson

BUSINESS

How to manage your company's online reputation

Metro Creative Connection

Today's small business owners face unique challenges that businesspeople of yesteryear never had to confront.

While the internet has made it possible for even the smallest businesses to have a global footprint, it has also forced business owners to devote substantial time to managing their online reputations.

A company's online reputation can have a major impact on its ability to survive and thrive. In its 2018 "Local Consumer Review Survey," BrightLocal, a United Kingdom-based company that focuses on the needs of digital marketing agencies and local businesses, found that 91 percent of consumers between the ages of 18 and 34 trust online reviews as much as personal recommenda-

tions. In addition, the survey found that 57 percent of consumers won't use a business that has a star rating of fewer than four stars.

The BrightLocal survey underscores the effort small business owners must put into managing their companies' online reputations. Whether business owners feel their online reputations are warranted or not, ignoring them can greatly affect their bottom lines. The following are a handful of simple ways business owners can manage their companies' online reputations in the hopes of benefitting their businesses and expanding their customer base.

- Don't ignore negative reviews. Small Biz Ahead, a service from the insurance provider The Hartford that aims to

help business owners manage and grow their businesses, advises business owners to acknowledge negative reviews. Respond privately to customers, apologizing for their unsatisfactory experience and thanking them for their feedback. When communicating with customers, always keep these communications friendly and constructive. Dismissive, confrontational and/or rude interactions with customers will only further damage your online reputation.

- Actively monitor your reputation. Websites such as Yelp and Google, via its Google Reviews capability, give customers plenty of places to go to share their comments about your business. Stay up-to-date on these, making a concerted effort to monitor your reputation. If you're open for business

Metro Creative Connection

Business owners can use a handful of simple ways to manage their companies' online reputations in the hopes of benefitting their businesses and expanding their customer base.

seven days a week, chances are customers will be reviewing your business seven days a week. Reach out to customers who had negative experiences as soon as possible, and report any comments you feel violate websites' standards the moment you see them.

- Don't hesitate to ask customers to edit their reviews. When you successfully reach out to customers who left negative reviews, don't hesitate to ask them to consider editing their reviews. Many customers



are happy to update their reviews if issues were promptly and successfully addressed. Online reputation management is important for today's

business owners. Though managing online reputations can seem like a full-time job, a positive reputation can greatly benefit your bottom line.

How one furniture manufacturer goes 'beyond sustainability'

(NewsUSA) — It's no surprise that more companies are paying attention to their impact on their environment. However, some stand out by going beyond reducing their carbon footprints, to cultivating socially conscious corporate cultures in which making a positive impact is as important as making a profit.

Humanscale, a leader in the design and manufacture of high-performance ergonomic office products, demonstrates how one company's leadership can set the example.

When it comes to environmental impact, "less bad" is not good enough," said Humanscale's founder and CEO, Bob King.

"We took a look at our manufacturing and operational activities to understand our key impacts: energy, water, emissions, resource depletion, wildlife preservation, social responsibility and healthy materials," said King.

"In each area, we consider what it would take to go beyond sustainability to making a truly

positive impact on the world around us. If a company can make a positive impact in all of these ways, it will be acting like a tree," he said. "While trees aim to grow, they're self-sustaining and they replenish the environment. If we want to live at peace with the planet, then our factories must be like trees, our companies like a forest."

Humanscale is set to release its annual Corporate Social Responsibility — CSR — Report in time to coordinate with Earth Overshoot Day, the date calculated to mark when humans have depleted Earth's resources beyond its ability to regenerate these resources within a given year.

Company achievements highlighted in the report include the use of solar energy for nearly 70 percent of electricity used by the company's main manufacturing facility in 2018; reduction of normalized greenhouse gas emissions by 63 percent since 2011; and the use of rainwater for 100 percent of production water in the United States.

In addition, in the last year, nearly 500 of Humanscale's employees voluntarily completed more than 10,340 activities that involved saving energy, reducing water use and cutting down on their emissions.

Humanscale has also made material transparency a priority. Material transparency means labeling products, such as furniture, similar to food ingredient labels that clearly state what materials a product contains. Material transparency labels, such as Declare labels and Health Product Declarations — HPDs — identify potential toxins and unhealthy materials in products so consumers can make informed decisions before choosing these products for their homes or offices.

Humanscale has taken the

lead in this area. Their products contain no Red List chemicals, and as of December 2018, the company has published 60 percent of all Declare labels and 54 percent of all HPDs that exist in the entire furniture industry.

In 2018, Humanscale received a BIFMA. The Business and Institutional Furniture Manufacturer's Association Level 3 is the highest level of that association's certification, for all its products. The BIFMA is based on analysis of product manufacture, including water and energy use, emissions, chemicals, waste and environmental design.

For more information about Humanscale's sustainability efforts, visit <http://www.humanscale.com/>.

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ANNIE'S MAILBOX

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BED AIN'T BIG ENOUGH

Dear Annie: I met a great gal. We seem really good together most of the time, but here's the rub. She has a dog. It is a nice dog but not very well trained. The big problem is bedtime at my place. The dog wants to share our bed, and is uncontrollably insistent about it, whining and disturbing us throughout the night until she gives up and allows the dog to get in bed with us. I must deal with it or go sleep elsewhere.

Apparently, this dog gets to sleep with her at home, so hey, why not here? It ruins intimacy and makes it hard to sleep. She apologizes, but is doing nothing to train this dog to accept the floor as its dog bed. Am I out of line to want our bed dog-free? What does this say for our chances? -- Doggone it!

Dear Doggone It: Actions speak, or should I say bark, louder than words. It is time to have another conversation with your girlfriend about her dog. Sleeping in bed with your dog is a very personal decision. Studies have shown that it can be therapeutic for both the dog and owner.

But this depends on personal preference, and your preference is not to have the dog in bed while her preference is to have him with her. She may apologize for allowing the dog in bed, but her actions say that she loves having her four-legged friend near at night.

Tell her how you feel and see if you can come up with a compromise. Maybe buy the dog a nice bed. Or create a rule that the dog can only stay at the end of your bed. Regardless of the outcome, you need to have another conversation about it.

Dear Annie: I read the letter from "Grieving Father" about why no one asked how he was doing.

My husband passed away two years ago from a massive heart attack. We never had a chance to say goodbye, and I miss him very much. My dearest friends were with me when he passed. They are all still couples, and they have kept me busy with activities and invites to dinner -- but have not asked me how I am doing.

Yet, other friends who have lost their spouse have often asked me how am I doing. They understand the loss and the lonely nights. I finally went to counseling for about six months and came to the conclusion that there will be times when "waves of emotion" are triggered by a movie or an ad or even a clue in a crossword puzzle, and that these moments are a reflection of a wonderful marriage and that I should cherish them.

I think my "couple" friends don't ask because they don't want to think about experiencing the loss themselves. So I appreciate their keeping me involved in my daytime activities. As a senior citizen, I will be there for them when their losses come.

Many thanks to my friends who have lost a loved one. Your concern and texts saying "Good night!" have been ever so comforting. -- Still Missing My Sweetheart in New England

Dear Still Missing My Sweetheart: I am very sorry for your loss. Thank you for sharing your story. You were brave enough to seek professional help for your grief, and I commend you for that. I hope your letter brings comfort to those who are in a similar position.

SENSE & SENSITIVITY

Got questions? Send them to: askharriette@harriettecole.com

AFRICAN AMERICAN EMPLOYEE WORRIED ABOUT STANDING OUT

DEAR HARRIETTE: I recently started a new job, and I am the only African American person in the entire workplace. I don't know how to feel or what to expect because this is the first time I've been the only minority at my place of work. I'm not sure if I should even pay attention to it or if I should keep my guard up. While I don't want to be at work with a negative perspective, I can tell that most of the employees are a little shocked that I got this position. Some are masking it by being overly nice. Can you give me some tips on how to be comfortable in an environment where no one looks like me? -- Stand Out

DEAR STAND OUT: Even today, in 2019, there are many work environments that are not diverse. As in your case, believe it or not, there are still workplaces where someone can be the "first" person to diversify the workforce. Naturally, that can feel awkward -- for you and for the other employees. Rather than being self-conscious, hunker down and do your job. Figure out what success looks like in your company. Find out what the markers are for being a stellar employee and fulfilling the requirements of your job, and do your best to be excellent.

You will also need to build rapport with your co-workers. Go slowly on this front. Be a keen observer. Notice what my mother calls "the bright lights in the room." Who stands out for you as a friendly, welcoming person? Befriend those people first. Also, take note of anyone who seems to dislike you. Keep those people in your peripheral vision so that you are aware of any efforts they might make to derail you. Stay the course. Believe in yourself. Hone your skills when needed. Ask questions of your supervisor. Demonstrate that you have the abilities and desire to be in that role.

DEAR HARRIETTE: I just found out that a good friend of mine that I thought I was getting to know better was lying to me about certain aspects of his life. We talked every day, and I felt he was becoming someone I could open up to. While the topic he lied about is juvenile and I understand that he did it to make himself look better, he broke my trust. My No. 1 rule is having no liars around me, but this is how I've lost friends in the past. I simply cut off individuals who break my trust, even if it is for the first time.

I'm debating whether I'm too harsh and should give people more chances, or am I right to cut people off? I don't want to lose my friend, but I wonder if he was a real friend at all or if he lied about other things? -- Rejecting Liars

DEAR REJECTING LIARS: Your hard line about lying may be too rigid. It may be best to look at each relationship individually to assess whether you can forgive a person for a particular behavior, or if the person went too far.

In this case, you say that the lie was juvenile and seemingly insignificant. Perhaps you can talk to your friend about what happened, let him know how you feel about people who lie to you and explain to him that you are reluctant to remain his friend. Admit that you are now worried about whether he has lied about other things or if he will lie to you in the future. Talk it out to see if forgiveness has a place in this friendship.

ASTROGRAPH

LEO (July 23-Aug. 22) -- Listen and follow instructions carefully. There will be no room for error, especially when dealing with professional, legal or financial matters. Don't let someone else's mistake fall in your lap.

VIRGO (Aug. 23-Sept. 22) -- If you don't like something, change it. Trust in what you know, not in what someone tells you. Emotional manipulation is apparent and should be dealt with quickly. No muss, no fuss.

LIBRA (Sept. 23-Oct. 23) -- Look for something to do that is enjoyable and also good for your health and emotional well-being. A personal pick-me-up will boost your confidence. Romance is on the rise.

SCORPIO (Oct. 24-Nov. 22) -- Keep a close watch over others' actions. If someone tries to undo what you've worked so hard to put in place, implement long-term solutions and keep moving forward.

SAGITTARIUS (Nov. 23-Dec. 21) -- Travel, learning and communication are highlighted. You can accomplish plenty if you are proactive and passionate about what you want to achieve. Romance will enhance your personal life.

CAPRICORN (Dec. 22-Jan. 19) -- Money, legal and health issues may pose problems if you aren't quick to intervene and make some positive changes. Avoid joint ventures, indulgent behavior and leaving decisions up to others.

AQUARIUS (Jan. 20-Feb. 19) -- Set sail for your target and don't stop until you reach your destination. You have plenty to gain if you are forward-thinking and persuasive. A partnership will improve your life.

PISCES (Feb. 20-March 20) -- Stick to what's doable and don't let anyone talk you into something risky, unhealthy or that costs more than you can afford. Simplify your life.

ARIES (March 21-April 19) -- Don't let someone tell you what you want or need. Size up your situation and do what's in your best interest. Spend time exploring possibilities and sharing your plans with a loved one.

TAURUS (April 20-May 20) -- Keep your life simple, practical and within your financial means. Don't let stubbornness be your downfall. Be realistic and moderate. You cannot buy love.

GEMINI (May 21-June 20) -- You know what's expected of you if you want to get ahead, so don't give anyone a chance to redirect you or take over your plans. Personal and physical improvements can be initiated.

CANCER (June 21-July 22) -- Think before you act. If someone pressures you to spend money or do something you shouldn't, consider it a red flag and question his or her motives.

CROSSWORD PUZZLE

Want more puzzles? Check out the "Just Right Crossword Puzzles" books at QuillDriverBooks.com

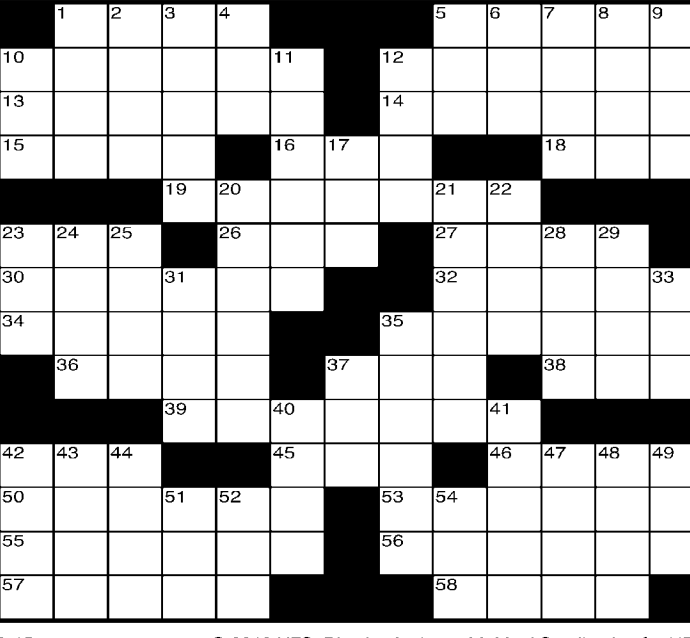
NEA Crossword Puzzle

- ACROSS 1 Stroller passenger 5 Peace goddess 10 Succeed in the end (2 wds.) 12 Nabbed 13 Caustic solution 14 Complete 15 Fibber 16 Roman sun god 18 Trick out of money 19 Exhibit 23 Airline to Stockholm 26 Kook 27 Cabby 30 Pinball palace 32 Miner's stake 34 Marlins' city 35 Deceitful ones 36 Boring person 37 Yucky stuff 38 Fish catcher 39 Texas city 42 Ewe's mate

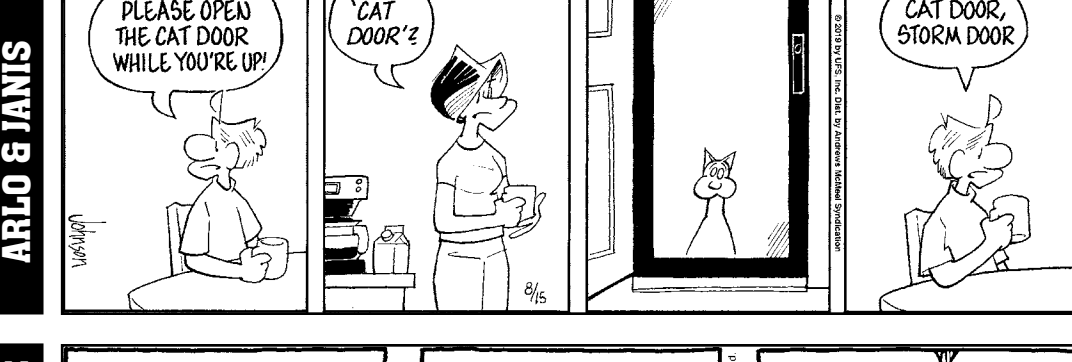
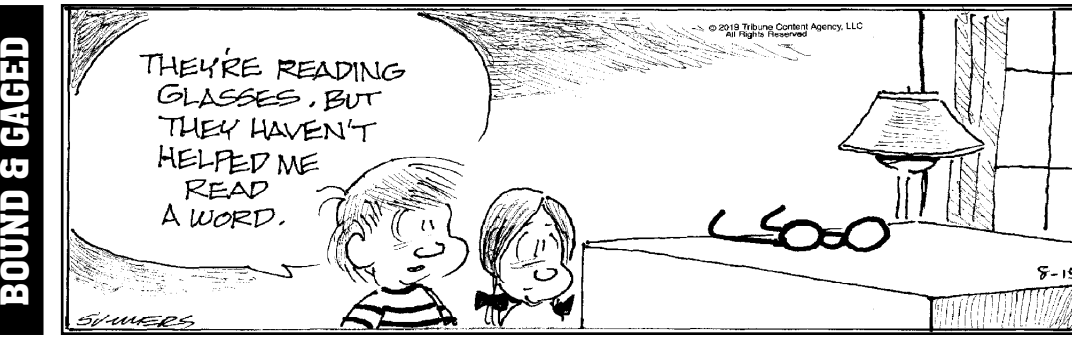
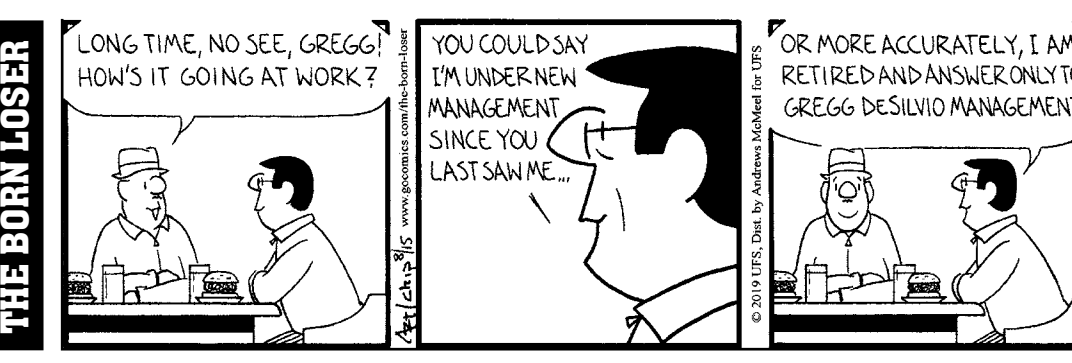
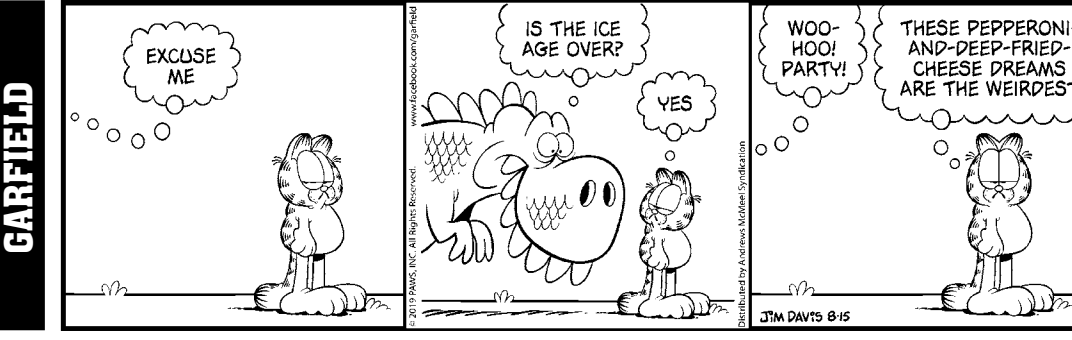
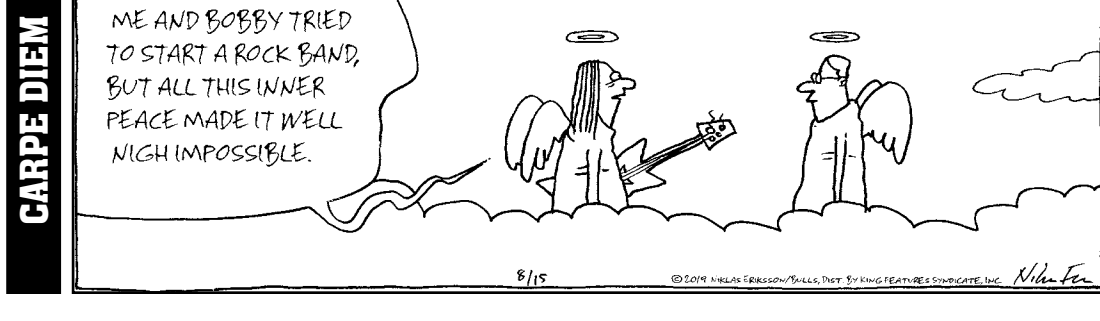
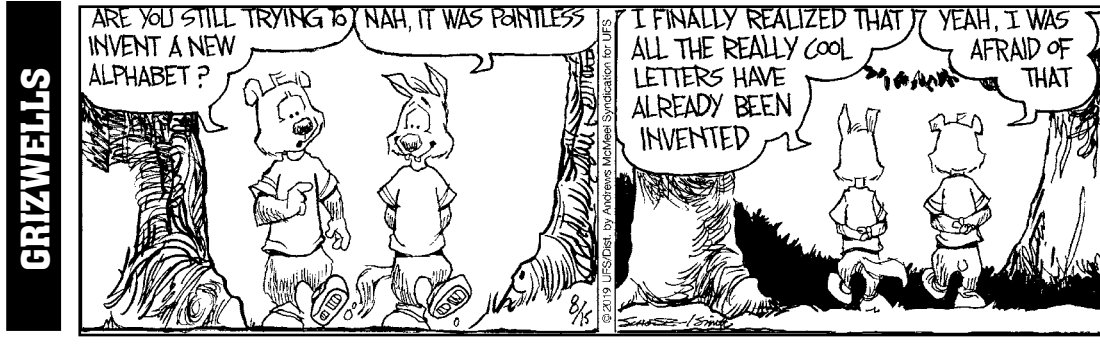
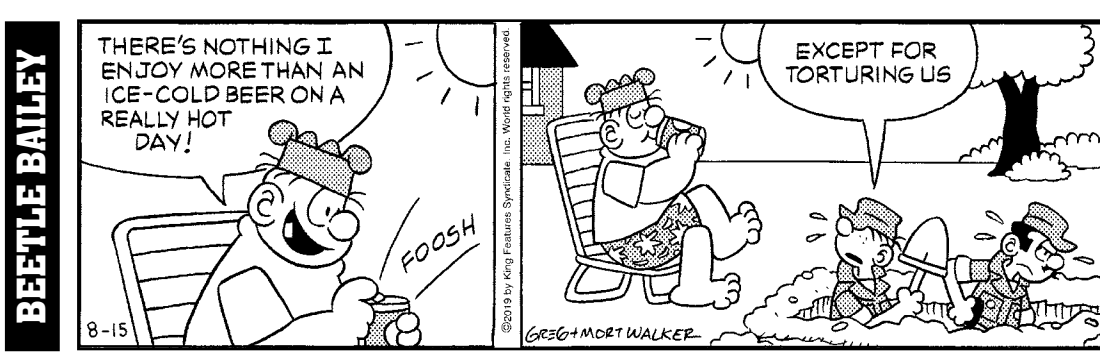
Answer to Previous Puzzle

Grid of crossword puzzle answers: METRIC, PSEUDO, HANDEL, EAU, LEG, DROOPS, EARFUL, PRETTY, MAO, AMOK, INDY, NEIN, BIN, SSE, KOALA, REACT, PTA, NEV, INCA, STAY, IRE, STEP, ESC, ESS, PVC, KEY, LARIAT, LIONEL, ALONSO, ERRATA, SINGER, SEEPED

- DOWN 1 South Seas paradise 2 "Diana" singer 3 Bulletin -- 4 "The King and I" name 5 Motel of yore 6 Lab animal 7 Ambler or Clapton 8 Fictional sleuth -- Wolfe 9 Paradise 10 Close friend 11 Gift box filler 12 Vend 17 Choose 20 Blue dye 21 "Gesundheit" preceder 22 Harvard rival 23 Hammett's Spade 24 Needing rain 25 Al Capone feature 28 "Misery" co-star 29 Flying toy 31 Asian nanny 33 Wyo. clock setting 35 Natural fabric 37 Fed. property manager 40 Home of the Bruins 41 Slight push with the elbow 42 Slightly indelicate 43 Jacques' girl 44 Actress -- Freeman 47 Tatters 48 Low-cal 49 Sturm -- Drang 51 Matter, in law 52 Oz. or tsp. 54 Uncooked



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CLASSIFIEDS

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GARAGE SALES

Havre South

HUGE SALE

1260 19th Street
Sat. 8/17, 9am-1pm
Household items including decor & furniture, girls clothing newborn to 6T, men's clothing including western shirts, jeans & boots, women's clothing sizes S-L, toys, kids books & more!

RICH & CATHY BROWN 12 HOUR MOVING SALE

2245 10th Avenue
SE of Havre High School
FRIDAY 8/16 8am-8pm
Furniture including Sofa, Loveseat, End Tables, Bookcase, TV Armoire, Home Accents, Pictures, Lamps, Women's Clothing (S/M), 2 pc. Scrub Sets (S), Men's Clothing (L), Winter Coats and Much More. All Sales CASH! 12 Hours Only!

Havre West

RUMMAGE SALE

1257 Wilson Avenue
Sat., 8/17, 8am-3pm
Household goods, lawn and garden tools, Tupperware, electronics, and much, much more!

GARAGE SALE

1636 10th Street West
Sat. 8am-2pm
Housewares, home decor, baby items, furniture, women's clothing, barn door, and much, much more!

MOVING SALE

7120 2nd St. NW
Fri., 8/16, 3-6
Sat., 8/17, 8-12
Moving to Texas! Come take all of our winter gear, plus more! Sale includes snow blower, treadmill, exercise bike, and some furniture!

GARAGE SALE

290 65th Ave. West
Watch for signs past golf course
Fri. 10-6, Sat. 8:30-3
Lots of new items added! Furniture, Tupperware, and knick knacks.

GARAGE SALE

1261 Blvd. Ave.
Fri. & Sat. 8am-4pm
Couches, coffee & end tables, baby girl & boys clothing, adult clothing, women's small & 2x, men's Dockers, pants, shirts (XL), bedding, lots of Christmas decor, misc.

FOR SALE

Under \$100

FOR SALE

Panasonic keyboard, SX-KC 200. Asking \$85.00. Call 265-9263

White plastic 5 gallon buckets. Clean, food grade w/lids, \$2.50 each
Call 406-301-1401

Over \$100

2 - 2008 Kawasaki Jet Skis. One green, one red, both in excellent condition with very low miles. Trailer included. Asking \$13,000. Call 399-3753

Pets

FOR SALE

Brindle Boxer puppy, will be one in Sept. Current on shots, chipped, registered. Asking \$500.00. Call 399-3753

Transportation/RV's

2005 Jeep Wrangler, color Orange. New V8 engine (installed 2011), new tires, in good condition. Asking \$7,000. Call 399-3753



2011 Honda PCX 125 Scooter \$1600

Driven 1,389 Miles
110 mpg
Exterior - Red
Call 390-6816

Real Estate

FOR SALE BY OWNER

8660 US HWY 2 W
HAVRE, MONTANA
\$299,000



- 4 bedrooms, 2 baths
- 2,000 sq. ft. +/-
- Daylite Walkout Basement
- New deck
- Large Backyard
- Beautiful Views
- Recent Updates
- 2.73 acres +/-

Call or text Steph
@ 406-945-1737
for your showing!



RENTALS

Apartments/Houses

2 bedroom apartment. No pets, no smoking. \$625, references and application required.
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PARKVIEW APARTMENTS

Studios, 1 & 2 bdrm; all utilities pd.
406-390-2283

OAKWOOD VILLAGE

1915 1st St. NE
Havre, MT

Two & Three Bdrms Section 8 Multi-family Complex. A/C, Heat, Water & Garbage Included in Rent, EHO
Call 265-2576, TTY 711



FOR RENT

5 bdrm., 2 bath home (ideal for handicapped), with 2 stall garage and horse pasture.
Call 945-2027

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Call 945-2027

BULLETIN BOARD

Found

FOUND
A phone was found next to the pay box at the dump site in Beaver Creek Park. Please come to the Havre Daily News to identify and claim.

Sales/Service

Get DIRECTV! ONLY \$35/month! 155 Channels & 1000's of Shows/Movies On Demand (w/SELECT All Included Package). PLUS Stream on Up to FIVE Screens Simultaneously at No Additional Cost. Call DIRECTV 1-855-853-8215 or satellitedealnow.com/havre

There are more cameras in our communities, but if you are not seen stealing, GOD sees you. **STOP STEALING! IN FACT, RETURN THOSE ITEMS!** Paid Advertisement

PLACE YOUR CLASSIFIED AD TODAY!
(406) 265-6795
classifieds@havredailynews.com

EMPLOYMENT

Part Time



St. Jude Thaddeus Catholic School
Where Faith and Knowledge Meet
FOOD SERVICE DIRECTOR

Responsibilities:

- Create monthly menu
- Ordering
- Maintain paperwork for government food programs
- Maintain and clean kitchen
- Maintain State of Montana school lunch guidelines
- Manage free and reduced lunch program

Part-time hours with wage depending upon experience.
Call 406-265-4613 if interested in applying.

Employment Opportunity

Part-time **Early Childhood Screening Paraprofessional** to assist in screenings throughout the school year. Requirements include high school diploma/equivalent, self-starter who enjoys working with preschool age children, attendance at all training sessions. Non-certified salary starting at \$11.69/hr or higher, depending on experience. Closing date: until filled. Direct application request to Julie Finley, Administrative Assistant, Bear Paw Cooperative, PO Box 1449, Chinook, MT, 59523, phone 406-357-2269.

When you've got a small marketing budget, you can't afford to make a mistake.

WANTED Motor Route Driver

to deliver approximately 68 newspapers to West Havre, Box Elder, Rocky Boy & Big Sandy Monday-Friday. (Rt. 94)

Route includes Transportation Subsidy. Must be at least 18 years of age, have a valid drivers license and be able to show proof of current vehicle insurance & registration.

For more details or to apply for this route, stop down to the Havre Daily News office located at 119 2nd Street in Havre after 2pm and ask for Jodene.

Havre **DAILY NEWS**
"News You Can Use"

Havre DAILY NEWS

PAPER INSERTER

Part time production position inserting papers. Must be 18 yrs old & able to stand for long periods of time. Lift, push or pull 50 lbs. Early morning & afternoon shift.

Pick up an application at The Havre Daily News
119 Second Street • Havre, MT 59501

Havre DAILY NEWS

The Havre Daily News is seeking a carrier for **Route 1 (approx. 26 papers & 25 shoppers)** 1100-1300 blocks of Boulevard & Lincoln Avenues **Available August 28th**

Monday through Friday afternoon delivery. Absolutely NO collecting required. These are independent contractor positions.

For more information call Jodene at 265-6795 or stop by the Havre Daily News office at 119 2nd Street for a carrier application.

Did little Bowzer get your attention?

You reading this is proof that advertising works. Get noticed by placing a classified ad with us.

Submit a classified ad today!
Call 265-6795



Havre Daily News **DEADLINE**
Classifieds 11am the Day Before

NOTICES

Legals

BEAR PAW CREDIT UNION is accepting bids on the following vehicles from August 1st until August 22nd:

- 2009 GMC 2500
- 2015 Dodge Ram 2500

For further information, contact Alicia at 800-406-2642 or 406-265-9626, ext. 2049. We reserve the right to refuse any and all bids.

Published in the Havre Daily News August 1 through August 22, 2019.

MNAXLP

AGCO Finance LLC will offer the following **repossessed equipment for sale to the highest bidder for Certified Funds, plus applicable sales tax.** Equipment: **WIL 5850-5 Tillage S/N: 461967, WIL 5850-4 Tillage S/N: 461737.** Date of sale: **August 29, 2019.** Time of Sale: **10:00 A.M.** Place of sale: **Tilleman Equipment, 4040 1st Street West, Havre, MT, 59501.** Equipment can be inspected at place of sale. The equipment will be sold **AS IS, without warranty.** Final sale of equipment will be contingent upon winning bidder meeting all applicable federal and state regulatory requirements. We reserve the right to bid. For further information please contact **Tracy Calhoun (505) 301-0726, Reference Number: 1983011.**

Published in the Havre Daily News August 15, 22, 2019.

MNAXLP

GARAGE SALE ADS

Place your ad by 11am on Tuesday the week of your garage sale and your ad will run Wednesday-Friday



Includes a **9 Line Ad**
each additional line is \$1

PLUS GET A FREE KIT with garage sale signs, pricing stickers, tips & more!

265-6795

Havre **DAILY NEWS**

GARAGE SALES

Havre South

MULTI-FAMILY GARAGE SALE
Land Dr. (off of 12th Ave., Glo Ed addition)
Sat. 8am-1pm
Housewares, home decor, generator, rural TV antennae set, misc., and a piano too!

MULTI-FAMILY
13 Beaver Creek Blvd.
Sat. 7/13, 9am-3pm
HUGE SALE! Home goods, men's & women's clothes, outdoor items, lots of ret. preschool teacher stuff, furniture, shelves, rocker, tables, items, towels, sheets, home decor, books, etc.

Havre West

MULTI-FAMILY YARD SALE
128 4th St.
Sat. 9a-4p, Sun. 10a-3p
Queen size box spring & mattress, formal dresses, Rainbow vacuum, kitchen table & chairs, women's plus size clothes, kid's toys & clothes, kid's suitcases, household items.

HUGE MULTI-FAMILY GARAGE SALE
1104 13th St. W
Fri. & Sat. 8am-1pm
Youth bed w/mattress & headboard, ping pong table, kitchen items, life preservers, printer & shredder, bedding, household items, other misc. items too many to mention!

GARAGE SALE
428 1st Ave. (in alley)
128 4th St.
Fri. & Sat., 10-3
4 bi-fold doors, big bag's, air conditioner, like new electric stove, porch swing, carpet shampooer, trolling boat motor, all wood table, wood dresser, lots more misc. items.

DIFFICULTY RATING: ★★★★★

2	9	4	3	9	6	1	2	8
1	8	7	5	4	7	9	3	6
3	6	9	8	2	1	7	5	4
9	2	3	6	5	4	8	1	7
4	1	8	7	1	2	6	9	5
5	7	6	1	8	9	3	4	2
2	4	1	9	1	8	5	6	3
8	3	1	2	6	5	4	7	9
6	9	5	4	7	1	3	2	8

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	4		6			2	

Puzzle & Previous Answer

SUDOKU

8/15

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No other Montana advertising media can offer that kind of exposure...**ONLY \$149** for up to 25 words (\$4.30 for each additional word). Place your ad by Wednesday at 11am and reach **420,000+** readers each week with just one classified ad in 69 newspapers distributing **169,000+** copies. Call Classifieds at 406-265-6795 for details.

Ad #187

Real Estate- Northwest Montana - Company owned. Small and large acre parcels. Private. Trees and meadows. National Forest boundaries. Tungstenholdings.com (406) 293-3714

Ad #188

Authentic Timber Framed Barns. Residential and Commercial Timber Packages. Full Service Design - Build Since 1990, (406) 581-3014 brett@bit-rootgroup.com, www.bit-roottimberframes.com

Ad #189

Northwest Community Health Center (NWCHC), Libby, MT looking for a Data Analyst and Quality Improvement. Applicant must hold a bachelor's degree in Business Administration, Finance, economics, mathematics,

statistics, healthcare administration, Public Health, information management, 2+ years experience analyzing data and preparing reports, graphs and information analysis to team or workgroup is required. 1 year of health care system experience is preferred. The Data Analyst will act as a quality consultant and expert on quality activities. To apply submit resume and cover letter to: Maria Clemons. (406) 283-6819 maria.clemons@northwestchc.org

Ad #190

Northwest Community Health Center (NWCHC), Libby, MT, is seeking a professional, team-oriented individual to fill its open Licensed Addiction Counselor (LAC) Position. Applicant must have comprehensive knowledge of addiction and therapeutic

change processes. Applicants must have a MT LAC or be license eligible. (Required). Applicants in the process of obtaining licensing will be considered. To apply submit resume and cover letter to: Maria Clemons (406) 283-6819 maria.clemons@northwestchc.org

Ad #191

Northwest Community Health Center is looking for a motivated and team oriented Certified Medical Assistant or LPN to work full-time. Job requires associates degree or higher from an accredited college, university, or technical school: 1 year recent or relevant experience in health care is preferred. To apply submit resume and cover letter to: Maria Clemons (406) 283-6819 maria.clemons@northwestchc.org

These ads are not screened by the Havre Daily News. Be sure to investigate any offers thoroughly before proceeding. Any questions or complaints about these ads should be directed to:

MT Newspaper Association at 406-443-2850 or 1-800-325-8276



5 ways to stretch fuel economy for the perfect summer road trip

(BPT) - There is nothing better than a summer road trip to the beach or to visit loved ones as we approach the dog days of summer! But with millions of Americans taking to the roads, getting from point A to point B can be quite stressful if you are stopping constantly for delays or to refill your gas tank. If you are looking for a quicker arrival and fewer trips to the gas station, consider these five tips to maximize your fuel economy:

* Pre-trip vehicle maintenance: Make sure your vehicle is performing at its best before you hit the road. Checking tire pressure is key, as the right pressure can increase fuel economy by up to 3.3%, according to Howstuffworks.com. When getting your oil changed, get the air filter checked as well - a clean air filter can save around 10% on fuel costs. And, while you're at it, remove anything unnecessary or heavy from your trunk! You won't need your bowling ball when you're beachside.

* Keep your windows up: This is a no-

brainer when it's scorching hot outside, but if it's a balmy summer day on a long road, having the windows up reduces aerodynamic drag on a car. When the windows are down, the engine works harder, according to The Spruce. And, on highways, this drag can decrease fuel economy by 10% or more. If your AC is cranked, that can have a significant impact as well. If you have a sunroof, though, it's fine to keep it open. Just don't let anyone stick their head outside, as fun as that sounds.

* Consider using premium fuel: During the long stretches of cornfields and interstates, gas stations can be few and far between. To be safe, never let your gas level drop below a quarter of a tank. Today, cars are more advanced than ever before and with engine evolution comes demand for a gasoline that can keep up with these technological advances. ExxonMobil just launched a new and improved fuel, Synergy Supreme+ premium gasoline, the company's best fuel ever as it keeps your

engine two times cleaner for improved gas mileage, based on comparison of Synergy Supreme+ premium gas to Synergy regular gas in port fuel injected engines. Actual benefits are based on continuous use and may vary depending on vehicle type, driving style and gasoline previously used. This new premium gasoline is now readily available at more than 11,500 Exxon and Mobil stations across the country.

* Curb your lead foot: This is a relaxing vacation - slow down on the highway, and use your cruise control. Reduce stop-and-go driving where possible, and don't slam on the gas at green lights. Apply the brakes smoothly, and not jarringly. If you are traveling with unruly kids and are threatening to "turn this car right around," you should know it has been proven that anger leads to faster driving, which decreases fuel economy,

according to an Oak Ridge National Laboratory study.

* Avoid traffic jams: While this isn't completely predictable or avoidable, modern GPS systems and a little bit of planning can help you avoid those bumper-to-bumper summer traffic jams. A vehicle in stationary mode still requires the engine to work hard and burn fuel where a "steady state" of cruising is actually better for fuel economy. But, if you find yourself in a traffic jam, take your mind off the fuel economy you're losing by putting on some traffic jams: studies cited at Medium.com have found that music at 120 to 130 beats per minute can relax anxious nerves.

Hit the Road Safely Tires keep America rolling

(Family Features) There are few better times for a road trip than during the summer months when the sun is bright and the kids are out of school. Despite the expected rise in gas prices, AAA reports 79 percent of families are planning to hit the road this year, 10 percent more than in 2016.

Whether it's just you and your significant other or a jam-packed car, the experts at Interstate Batteries recommend taking these steps before hitting the open road:

1. Have a plan. Spontaneous stops can be fun and necessary to stretch your legs, but it's always important to be safe and prepared when traveling. Even if every detail isn't set in stone, having a rough sketch of a plan can help make your trip more enjoyable. Also be sure to share your route with someone who isn't going. It's safer to have someone know where you are. Use apps to let your friends and family track your road trip or help you map your trip and provide helpful tips on expected fuel costs, upcoming rest stops and nearby restaurants. Having a plan allows you to keep your trip organized without becoming a bust if you stray a bit off course.

2. Think beyond the essentials. You'll obviously remember the necessities, such as maps, electronics chargers, snacks and pillows. Extra batteries for gadgets, portable power banks and a quality flashlight are always good to have on-hand when venturing afar, but there are other items

you could be forgetting. Try to imagine every possible sticky situation and prepare accordingly. Remember to pack spare keys just in case you lock your keys in your car. Other useful items include a first-aid kit and a roadside assistance kit in the event your car breaks down. Remember that it's better to be prepared than to find yourself in need of something you left behind.

3. Get your paperwork in order. Bring your license, registration and insurance information with you. This may sound obvious, but people still forget these documents sometimes. Make sure it's all up to date, too.

4. Give your car a check-up. Perform basic maintenance on your vehicle before you hit the road, such as checking fluid levels, windshield wipers and more. Ask your technician to look at the tread on your tires and ensure your brakes are working properly. One thing you might not think of is getting your battery tested at a convenient location, like an Interstate All Battery Center, as summer heat is harder on a battery than winter cold. According to an automotive market survey, nearly 1 in 4 vehicles on the road will need a new battery this year. Most people don't know they need a new battery until it's already dead, and the last thing you want is to hear that dreaded "click-click-click-click" when you turn the key during any leg of your trip.



(BPT) - Off to work. Heading to the gym. Going to see the latest superhero movie ... again. Taking the kids to soccer practice. Road trip! Wherever you're driving to, the last things on your mind when you jump into your car are the tires.

Makes sense: To most, tires are nondescript, black and round, no big deal. Safe to say, tires get no respect. Think about it: What other parts of a car do we kick? Truth be told, tires are easily one of the most technologically advanced parts of a vehicle, influencing the braking, steering, comfort, handling, safety and fuel efficiency.

How important are tires? Well, they are the only parts actually touching the road and without tires, America stops rolling, literally. Just ask the U.S. Tire Manufacturers Association (USTMA), a trade organization based in Washington, D.C. Among the many things they do - monitoring legislation to environmental concerns - USTMA puts on National Tire Safety Week every year to educate folks on the vital role tires play in our lives every single day.

"USTMA does a fantastic job promoting tire safety and awareness," said Alan Holtschneider, director of marketing for Yokohama Tire, a longstanding USTMA member.

Yokohama has pitched in with "Tire Tips," an instructional 10-part video series created to increase consumer awareness and educate the public about a wide variety of tire-related subjects. "We

designed the Tire Tips videos to be not only informative, but entertaining as well," Holtschneider said. "The idea is to really help consumers understand just how important tires actually are and help maintain them for optimum use."

Viewers can watch Tire Tips at <https://www.facebook.com/pg/yokohamatire/videos/> and learn things like how to choose the right tire for your SUV/CUV, how to make your tires last longer, why speed ratings are so important, why you should rotate your tires, and when is a tire repairable?

Holtschneider said two of the most popular videos contain tips about keeping tires properly maintained:

- Check tire pressure at least once a month - this takes about five minutes. Consult the vehicle's owner's manual or placard on the driver's door to determine proper tire pressure. Tire pressure should be checked when the tires are cold.

- Check your tread depth by placing a penny upside down into a tread groove. If you can see all of Lincoln's head, your tire's tread has worn down to the legal limit and you need to buy a new tire. Tires should be replaced when the tread is worn down to 2/32 of an inch, the lowest legal limit. It's best to replace them before they reach 2/32 for optimal performance, especially in bad weather.

For even more tire care and safety tips, visit www.yokohamatire.com/tires-101 or <https://www.ustires.org/>.

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